



# PULSE

SEPTEMBER 2011

Welcome to  
Fall Semester 2011!

We're Glad You're Here!

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## Embrace The College Experience!

Studies show that being engaged in college activities can translate to success in the classroom. Aultman College offers a number of ways for you to get involved, including joining student organizations, taking part in service projects, or participating in extracurricular activities. To stay updated on scheduled events, log on to the *WiseLine* daily and check out the new This Week At Aultman College poster across from the second floor elevators.

Thinking about becoming part of a student organization? Here's a rundown to help you decide the organization that is the best fit for you:

### *Student Senate*

Student Senate is a student-led, student-run organization that plays an important role in the College's administrative structure. The organization's mission is to encourage students to become engaged in social, professional, and service activities within the College, and to facilitate communication between students, faculty, staff and administration. Student Senate meets regularly to discuss activities and College-related issues that are important to students. In addition, Student Senate hosts Town Hall-type meetings to give all Aultman College students an open forum for discussion. Membership consists of at least ten elected students, representing each class. Senators were nominated and elected during Constitution Week Sept. 12-16.

### *Student Activities Society (SAS) New!*

The purpose of SAS is to plan and execute social events for Aultman College students. Members of SAS work with the Student Life coordinator to develop ideas, and plan and promote events. SAS meets twice a month during Fall and Spring semesters and several times in the summer in preparation for the upcoming academic year.

### *Student Mentoring Program*

The Student Mentor Program connects new students with upperclassmen to build lasting relationships. New students get the benefit of advice and support from someone who has been there! Upperclassmen get the satisfaction of sharing their experiences and strategies for success. Mentoring is easy and flexible and can be done via email, phone, text or Facebook.

### *Aultman College Veterans Association*

Membership in the Aultman College Veterans Association is open to all students who have served or are serving in any branch of the military, including the National Guard. The purpose of the organization, which was formed in the Spring 2010 semester, is to provide fellowship and networking opportunities for veterans and provide members with important benefit updates.

### *Nurses Christian Fellowship*

Nurses Christian Fellowship (NCF) is an intervarsity, national organization. The mission of NCF, which is open to all

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Aultman College students, is to engage students with the good news of Jesus Christ to bring God's love and healing to nursing and healthcare. For more information, contact Mrs. Allen at [betty.allen@aultmancollege.edu](mailto:betty.allen@aultmancollege.edu).

*Aultman College Student Nurse Association (ACSNA)*

ACSNA is the Aultman College chapter of the Ohio Nursing Students' Association (ONSA) and the National Student Nurses' Association (NSNA). By joining NSNA, you automatically become a member of ONSA and ACSNA. Your membership in these organizations unites you with students and professionals locally and nationally who share your vision and are shaping the future of nursing. In addition, you can take advantage of programs, scholarships and leadership opportunities, along with

discounts on nursing student products and services that are available to all members of the NSNA.

The president of ACSNA is fourth semester student, Ashley Mace. The organization meets monthly and co-sponsors many Student Life activities. Members have also attended the annual ONSA convention. All of these benefits are available for a membership cost of \$35/year. Learn more and join by visiting [www.nсна.org](http://www.nсна.org).

*Start Your Own Club!*

Aultman College is a young college. You can be part of growing the activities within Student Life by getting together with classmates who share a common interest and starting your own club. For more information, check out the Start Your Own Club guide on the *WiseLine!*

# Constitution Week Recap



*Along with the rest of the nation, Aultman College celebrated Constitution Week Sept 12 -16. Constitution Week honors the birth of the American government system and culminates in Constitution Day, officially marked on Sept. 17, but observed in 2011 on Sept. 16. Congratulations to the following students who were elected as student senators:*

- Jordan Beitzel
- Katie Burns
- Josh Dureiux
- Ashlee Joseph
- Chelsey Landis
- Ashley Mace
- Rachel Macri
- Sara Mallady
- Morgan Mcafee
- Kyra Miller



## Meet Your Student Senate President

*Corey Meeks  
President  
Student Senate*

Welcome to the beginning of the 2011-2012 academic year. This is an exciting time for the College because we now have students in two degree programs, and students who aren't in a program and are just taking general education classes. Our job in Student Senate is to represent everyone, but to do that we need your help. This year, my main focus as president is to increase the number of student senators, incorporate Student Senate as a part of the ever-growing college, and provide students the chance to get their voices and concerns heard. To reach these goals, we need you to get involved! Thanks to everyone who took part in the Student Senate election process. We look forward to welcoming our new senators. If you are not a member of Student Senate, be sure to share your constructive thoughts about Aultman College with your student senators. Your input helps us to work with faculty and staff to create a student-friendly environment. We're looking forward to a great year filled with many activities and opportunities to get involved. Hope to see you there!

**STUDENT SENATE MEETING: SEPT. 22 • 3:30PM • FOUNDER'S ROOM**

# News You Can Use!

## LRC Open House – Sept 19

10 am – 2 pm

Stop in to learn about LRC services and meet the tutors and student workers. You can also sign up for an appointment with Learning Support Advisor Michelle Speedy to discuss your plan for academic success. The LRC is here for you! Take advantage of it!

## Family Feud – Sept 30

6 pm

Classrooms 1 & 2

Survey Says....A Great Night Out! Join your Aultman College friends and bring your family members for a night of fun! Sign up a team of five and compete for prizes as you play Family Feud,



one of America's favorite game shows. Pizza and pop will be provided for all participants. Family members can participate on teams, but only Aultman College students are eligible to win prizes. Sign up outside the Student Life office.

## HalloWeekend at Cedar Point – October 15

Leave at 8 am – Return at 11 pm

\$43 includes admission and bus ride

Bring your friends and family and board the bus for a fun day at Cedar Point. Those who like a good scare can check out the haunted houses and mazes, while everyone can join the thrill of America's largest roller coaster theme park. Reserve your tickets by submitting your payment in the Student Life office by Sept 29.

## Did you know the LRC is on Facebook?



"Like" the Aultman College Learning Resource Center Facebook

page and you'll get tips from tutors, links to learning resources, and motivational thoughts to keep a positive outlook.

All active students who "like" the page by 4:00 p.m. on Friday, Sept. 23 will be entered into a drawing to win a \$25 gift card!



LRC Open House

# Walk for a Cause!

*Get some exercise and raise dollars and awareness for some good causes.*

## **Moving Forward for Mental Health – NAMI Stark County**

**Saturday, Oct 1, 2011**

**9:00 am Check-in**

**10:30 am Walk Start**

**Hoover Park Connector Trail**

*To register: [www.nami.org/sites/stark](http://www.nami.org/sites/stark) or  
contact Mrs. Conciardi*



*Aultman College students teamed up to raise dollars and awareness of heart disease at the 2011 Stark/Wayne HeartWalk on Sept. 17.*

All Aultman College students are invited to participate in “Moving Forward for Mental Health”, the inaugural walk for NAMI (National Alliance on Mental Illness) Stark County. Team captain for the College is Perri Conciardi, assistant professor. “We are excited about this new opportunity but will definitely need a lot of help to make our first walk a good one,” said Mrs. Conciardi, who teaches psychiatric nursing. Aultman College students have been strong supporters of NAMI, participating for many years in the NAMIWALK in Summit County. Now that the Stark County chapter is hosting a walk, Conciardi hopes to garner Aultman College support to make it a success. Students who live in Summit and Portage counties are still welcome to participate in the NAMI Summit walk, which will be held in Munroe Falls on the same day as the Stark Walk. Contact Mrs. Conciardi for more information.

## **Juvenile Diabetes Research Foundation (JDRF) Walk**

**Saturday, Oct 8**

**8:30 am Registration**

**10:00 am Walk Start**

**Pro Football Hall of Fame**

*To register: See the signup sheet outside the  
Student Life Office*

All walkers are asked to raise \$100 in donations. All money can be turned into Courtney Halter prior to the walk.

## **IMPORTANT DATES FROM THE ACADEMIC CALENDAR**

<b>Last Day to Withdraw Classes with a 50% Refund</b>	<b>September 30, 2011</b>
<b>Last Day to Withdraw Classes with a 25% Refund</b>	<b>October 7, 2011</b>
<b>Financial Aid OCOG, Employee Tuition Reduction Freeze Day</b>	<b>October 8, 2011</b>
<b>Fall Break</b>	<b>October 10-11, 2011</b>
<b>Mid-term Grades Due by 12:00 Noon</b>	<b>October 17, 2011</b>
<b>Academic Advising for Spring Semester 2012</b>	<b>October 18-25, 2011</b>
<b>Registration for Spring Semester 2012</b>	<b>November 10-18</b>



# Financial Aid **News**

Aultman College is working hard to develop and identify scholarship opportunities for students. Links to current scholarships can be found on the College website, *WiseLine*, and now in Pulse Online. Please pay close attention to scholarship criteria, application requirements, and deadlines. Remember, you can't get a scholarship if you don't apply.

Congratulations to these scholarship recipients for the 2011-2012 academic year:

*Melissa Higham – Canton*

- Margaret Lazar/Emma Lupher Scholarship
- Virginia C. Jack & Ralph L. Jack Scholarship
- Seran & E FBO Stark Community Foundation Scholarship

*Bonita Lackey – Canton*

- AultCare Minority Scholarship

*Zach Perv – Canton*

- 1892 Scholarship Scholarship
- Charity School of Kendal Scholarship

*Danielle Rollins – Canton*

- Austin Bailey Scholarship
- Alice Ott (Oncology) Scholarship
- Eileen Welker Williams Scholarship
- Helen Rajkovich Memorial Scholarship

*Rachel Sommers – Canton*

- Austin Bailey Scholarship
- Suzanne Spahr-Dudley Scholarship
- Margaret Lazar/Emma Lupher Scholarship

*Beth Brothers – Canton*

- David and Debbie Thiel Family Scholarship
- Mary Roden Memorial Scholarship

*Rachel Courtney – Brewster*

- Mary Roden Memorial Scholarship

*Cathy Turkall – Massillon*

- AultCare General Scholarship

*Andrea Kurzen – Massillon*

- Aultman Scholarship Program

*Keith Kennell – North Canton*

- Aultman Scholarship Program

*Melissa Blackmon – Alliance*

- Margaret Lazar/Emma Lupher Scholarship

*Morgan McAfee – Newcomerstown*

- Citizens School Foundation Scholarship

*Kimberly Daniels – New Philadelphia*

- Josephine Walters/CareStar Scholarship

*Elizabeth Leyda - Magnolia*

- Brookside Scholarship Fund Scholarship

## Diversity Digest



It is our goal at Aultman College to promote and encourage a culturally diverse and inclusive environment. We strive to be a facility where differences are recognized, accepted, appreciated and celebrated. Each month, the Diversity Digest section of the Pulse will share multicultural concepts and information, understanding that a diverse student body has far-ranging and significant benefits for all students, as well as the community at large.

Aultman College is participating in a diversity assessment that began in June and will continue through the Fall semester. The purpose of this assessment is to support the ongoing work of the Aultman College Diversity Task Force. As an institution that values diversity and inclusion, we believe this assessment will give us important information regarding the steps we are taking to create an inclusive environment for all to learn and work. Aultman College is committed to delivering education in a culturally-sensitive environment that best prepares health sciences students for their future roles as health care providers in an increasingly diverse world.

The College has hired Compass Consulting Services, LLC to assist with this process. Tameka and Ruth, of Compass Consulting Services, have been visiting our campus and will continue their visits throughout the Fall. In order to get the assessment completed, we are going to need YOUR help! You may be asked to fill out a survey, or participate in a focus group or interview. Please make the time to participate in this process and be honest about your experience at Aultman College. Your honesty will help us identify what we're doing well and how we can improve.

# Golden Owl

## Student of the Month September



*Jim  
Kelley*



The Golden Owl Student of the Month recognition program recognizes student accomplishments in academics, clinical settings, patient care, service learning and effort. Students may be nominated by faculty, staff, hospital employees, patients or other students. The Golden Owl Student of the Month is acknowledged in The Pulse newsletter, on the *WiseLine* and by posters in the hallway kiosks. One of the perks of the award is a reserved, front-row parking space in the Aultman Education Center parking lot. Nomination forms are available on the *WiseLine* or outside the Student Life Office.

Congratulations to **Jim Kelley** for being selected Golden Owl Student of the Month for September 2011!!! Jim was nominated by an Aultman College staff member for his active involvement in student life activities and organizations. He is always one of the first students to offer a hand or volunteer for an event. Jim has been a role model to other students and is always open to sharing his knowledge of the College and supporting the College values. Jim eagerly seeks opportunities to share his experiences as a nursing student and has strong leadership skills. He has spent many hours of his own time shadowing a nurse in ER and has been able to use the skills he is gaining through his education and experience to assist the community. He is a member of Student Senate, ACSNA, and SAS. Congratulations, Jim!!

### Q & A Learn More About Jim!

#### *What led to your decision to pursue your Associate's degree in Nursing?*

"I decided to pursue a degree in Nursing when I was in high school. I was in a volunteer class at my high school where I chose to volunteer at the local hospital. There I worked with the nurses a couple times a week. Just being around them and helping them, I realized how much I enjoyed the atmosphere and helping people."

#### *Why did you select Aultman College for your education?*

"I selected Aultman College because it was an accelerated program that would get me a lot of hands-on experience in a hospital. I had never heard a bad thing about the nursing program. So after putting three years in at the University of Akron, I transferred my credits to Aultman College. It is the best choice I could have made."

#### *What characteristics do you feel are important to be a successful nursing student?*

"To be a successful nursing student you have to be committed to your work, your peers, and to yourself. As a nursing student you have to realize that this is your life and to put school work before any outside social events. You have to be able to manage your time wisely and prioritize all aspects of your life. Critical thinking is preached to us starting in our first semester and is without a doubt very important to success. Caring, of course, is a given. You have to care about the effort you put into your class work and the care you are providing to the patients. You have to be responsible and accountable to your teachers, peers, and patients."

#### *Is there any information you would like to share about your hobbies or family?*

"I have one brother, one stepbrother, and three stepsisters. I enjoy watching and playing sports. I enjoy making people laugh whether it means laughing at me or with me. I enjoy country music, and line dancing at the Dusty Armadillo."

**Favorite Food:** Seafood

**Favorite TV Show:** SportsCenter

**Favorite Book:** Harry Potter series

**Favorite Way to Spend Your Free Time:** Hanging out with friends

**Favorite Class (so far):** Scuba diving that I took at the University of Akron. Nursing 130 at Aultman College

**Best Advice For First Semester Students:** Get involved and get yourself known. Find students that you study well with and study often. If you don't understand something, ask the teacher or somebody in your class that you know understands the material. Do your best.

# The Importance of A General Education Foundation

We hear the grumblings in the hall. “Why do I have to take [insert general education course here]? What does that have to do with [insert being a nurse or being a rad tech]?”

The truth is, even though you may not realize it, general education courses are teaching you important skills that you will use daily in your future career. Most health sciences careers rely on math skills on a daily basis, but the skills you learn in general education courses goes much deeper than that. “Courses in liberal arts, humanities and natural sciences are essential for a health science degree and provide the foundation for lifelong learning,” said

Jean Paddock, assistant director of General Education. “Exposure to these subjects helps students learn to access and interpret information, think critically, behave ethically, and communicate effectively. These are skills that are important to employers and provide a solid base of knowledge for students who plan to further their education.”

Think of your general education coursework like vitamins. Even though it may be hard to tell immediately what they are doing for you, they are essential to healthy functioning!

## LRC OPEN TUTORING

### Anatomy and Physiology

Mondays and Tuesdays  
9:30 am – 11:30 am

### Chemistry

Mondays and Wednesdays  
5:45 – 7:45 pm

### Math

Tuesdays and Thursdays  
11 am – 1 pm

### Nursing

Mondays and Wednesdays  
4:30 – 6:30 pm

Tuesdays and Thursdays  
4:00 – 6:00 pm

### Writing Consultants

Mondays  
9:30 am – 11:30 am

Tuesdays  
10:30 am – 12:30 pm

Wednesdays  
8:00am – 11:00 am  
3:00 pm – 4:30 pm

Thursdays  
10:30 am – 12:30 pm

Fridays  
8:00 am – 11:00 am

## LRC Tips: *Take Advantage of LRC Tutoring Services*

*Confused about chemistry? Mystified about math? Don't wait to get help!*

The LRC offers open tutoring in the subjects of math, chemistry, writing and nursing to help students who are looking for clarification or support regarding concepts covered in the classroom. Open tutoring is a specified time when a subject tutor is present in the LRC and is available to assist any Aultman College student who drops in for help. There is no need to pre-schedule an appointment.

Here's a few tips on making your time with the tutor as effective as possible:

1. Bring specific notes from your book or the classroom and write down what you do understand and what you don't understand. This will help you and your tutor more quickly zero in on that material you need to cover.
2. Do your homework before coming in for tutoring. Make notations on areas where you are struggling so you can work on those steps with your tutor.
3. Bring in graded work to review with your tutor. Most courses rely on skill-building, so struggling on an early test can mean future struggles ahead.
4. Ask tutors about outside support resources, such as websites, models, journals and other study aids.
5. Start early! Stop in and get acquainted with the tutors, even if you don't currently need help. Forming a relationship now will make it easier if you have questions down the road.

**LRC  
OPEN HOUSE  
SEPT. 19**

10 am – 2 pm

Meet the Tutors!

Learn About LRC Resources!

*Schedule a meeting to discuss your plan for academic success!*

# Hard Hats and Hypotheses

an evening of discovery

Friends of the College gathered on Sept. 8 for a science-themed party to raise awareness and funds for the completion of the science lab project. Thanks to all students who worked the event and helped us share the great news about what's going on at Aultman College!



*Student workers, pictured with iStan, dressed in construction gear and mingled with guests to talk about their Aultman College educational experience.*



*Dr. Paddock gave a passionate speech about the importance of science education.*



*Faculty celebrate after "pounding their pledge" to the Door to Discovery Campaign, which benefits science lab construction at Aultman College.*



*Dr. Helfinstine demonstrates DNA extraction for Pat and Sheila Markley Black (chairperson of the Board of Directors) at one of the five science stations set up around the party.*

## Constitution Week Celebration

*Students kicked off Constitution Week with a cookout complete with cotton candy, a dunking machine, and a visit from Uncle Sam!*

