

**AULTMAN COLLEGE OF NURSING AND HEALTH SCIENCES**  
**NURSING 101 PROCEDURE CHECKLIST**

Name of Student \_\_\_\_\_ Name of Evaluator(s) \_\_\_\_\_

Date(s) \_\_\_\_\_

First attempt = 10 points, second attempt = 5 points, three or more attempts = 0 points. Competency still must be complete to be satisfactory in course.

**\*\*IN ORDER TO BE SATISFACTORY, THERE MUST BE NO MORE THAN 2 RECOGNIZED BREAKS IN STERILE TECHNIQUE.**

**\*\*ANY UNRECOGNIZED BREAKS IN STERILE TECHNIQUE RESULTS IN AN UNSATISFACTORY.**

**STERILE DRESSING CHANGE:**

\*Indicates must be performed in order to be Satisfactory

PROCEDURE STEPS	#1		#2		#3		Comments
	S	U	S	U	S	U	
Assessments must be completed within 30 minutes							
<b>For all assessments:</b>							
1. KITES (MUST check ID band*)							
2. Positions patient appropriately							
3. Asks appropriate health questions							
4. Is able to answer questions related to assessment							
5. Document your findings (does not count in allotted time)							
6. Addresses patient by proper name and conversation is therapeutic at all times.							
7. Uses good body mechanics: positions bed or over bed table to a working level.							
8. After the procedure: a. Evaluates patient's response to the procedure. b. *Leaves patient in a comfortable, safe position (safety checks) with call light within reach.*							
<b><u>Specific skill: Removing an old dressing, cleansing a wound, applying a dry sterile dressing</u></b>							
9. Washes hands and applies clean gloves.							
10. Loosens edges of tape of the old dressing. Stabilizes the skin with one hand while pulling the tape in the opposite direction.							
11. Beginning at the edges of the dressing, lifts the dressing toward the center of the wound.							
12. If the dressing sticks, moistens it with 0.9% normal saline before completely removing it.							
13. Observed removed dressing for drainage, especially noting amount, color and odor (if							

any) of drainage.							
14. Disposes of soiled dressing and gloves in a biohazard bag. Removes gloves and performs hand hygiene.							
15. *Opens sterile dressing supplies and sterile gloves using sterile technique. Recognizes and verbalizes action if contamination occurs. *							
16. *Applies sterile normal saline from bottle or prefilled syringe onto sterile gauze or cotton balls using sterile technique *							
17. *Dons sterile gloves without contaminating or recognizing contamination* a. Grasped folded edge of cuff of one glove. b. Lifted glove above wrapper and away from body. c. Slid opposite hand into glove. Did not adjust cuff or fingers at this time or let ungloved hand touch outside of glove. d. Picked up second glove by sliding sterile gloved fingers under cuff edge. Keeps gloved thumb off cuff of second glove. e. Slid fingers of opposite hand into glove. Let go of edge when hand in glove. f. Adjusted for comfort and fit.							
18. *Uses sterile cotton balls or gauze to cleanse wound: "Clean to dirty" and "top to bottom"* a. Cleans incision line first going from top to bottom b. Cleans along each side of incision with a separate cotton ball, going from top to bottom.							
19. Picks up new sterile dressing and places over center of wound.							
20. Places large sterile ABD dressing over the wound dressing.							
21. Secures edges of dressing to skin with tape.							
22. Places date, time, and initials on dressing.							
23. Removes gloves and performs hand hygiene.							
24. *Maintained principles of sterile field eg., anything below the waist is unsterile, sterile field always in field of vision (do not turn back toward sterile field), keep sterile gloved hands above the waist, no reaching across sterile field, do not use wet or damaged package of sterile supplies, cannot touch an unsterile object with sterile gloves, etc.*							

**DOCUMENTATION OF PROCEDURE** (Use back of sheet if necessary):