



**NRS 102 FOUNDATIONS II
Clinical Skills Evaluation Performance Checklist
Nasogastric Tube Insertion and Removal**

Name of Student _____ Date _____

Name of Evaluator _____

Attempt Number _____ S _____ U _____

Points Awarded: (Evaluator circle the number of points awarded)

First Attempt: Skill satisfactory = **10**.
If unsatisfactory, skill must be repeated.

Second Attempt: Skill satisfactory = **5**.
If unsatisfactory, skill must be repeated.

Third Attempt: Skill satisfactory = **0**
*Student must be successful in all skills to pass the course.

Check (✓) S (Satisfactory) or U (Unsatisfactory)

* Indicates must be performed in order to be Satisfactory

| PROCEDURE STEPS | S | U | COMMENTS |
|--|---|---|----------|
| *1. K: Knocks on door | | | |
| *2. I: Introduces self | | | |
| *3. T: Tells patient what is being done | | | |
| *4. E: Eliminates germs | | | |
| *5. S: Safety checks (MUST check ID band) | | | |
| *6. Addresses patient by proper name and conversation is therapeutic all the time. | | | |
| 7. Uses good body mechanics: positions bed or overbed table to a working level. | | | |
| Specific Skill: Nasogastric Tube Insertion | | | |
| 1. Able to verbalize 3 types of nasogastric tubes: Salem Sump, Levine, Dobhoff and difference between them | | | |
| 2. Arranged all equipment on overbed table. | | | |
| 3 .Prepared tape to secure tube to nose after insertion and tape to mark insertion length. | | | |

| PROCEDURE STEPS | S | U | COMMENTS |
|---|---|---|----------|
| 4. If needed, checked suction apparatus and attached collection device and tubing; confirmed low (<60mm Hg) suction pressure when used for an adult. | | | |
| 5. Positioned patient in high Fowler's. | | | |
| 6. Donned clean gloves. | | | |
| 7. assessed nostrils to determine which was best to use by inspecting for septal deviation, asking about history of broken nose, and occluding one nostril at a time and having patient breathe through other nostril. | | | |
| <p>8. Passed the tube.</p> <ul style="list-style-type: none"> a. Measured length correctly (NEX: from patient's nose, to earlobe, to xiphoid process) b. Marked length of tube to be inserted with small piece of tape. c. Using water soluble lubricant, lubricated final 3 inches of tube. d. With head in slightly hyperextended, inserted tube through patient's patent nostril and passed it to nasopharynx. e. Asked patient to bend head forward and sip water through straw while advancing tube into stomach f. Checked placement by aspirating contents (best method) or auscultating insertion of 30 ml of air into stomach. g. Secured tube properly to nose. h. Connected tube to suction tubing if ordered. i. Attached tube to gown with rubber band or tape and safety pin. j. Set suction to prescribed level. | | | |
| Removal of Nasogastric Tube | | | |
| <p>1. Prepared patient.</p> <ul style="list-style-type: none"> a. Determined presence of bowel sounds. b. Placed emesis basin and open red biohazard bag on bed or table, donned clean gloves, and placed patient protector (Chux) across patient's chest. c. Turned off suction machine and disconnected nasogastric tube from suction tubing. d. Unpinned tube from patient's gown or untaped it from cheek. | | | |

| PROCEDURE STEPS | S | U | COMMENTS |
|---|---|---|----------|
| e. Instilled 20-30 ml of air into the tube to displace secretions back into patient's stomach. f. Loosened tape on patient's nose while holding distal end of tube. | | | |
| 2. Removed tube. a. Instructed patient to hold breath. b. Withdrew tube in one steady motion. c. Noted intactness of tip of tube. d. Assisted with or provided mouth care. | | | |
| After the procedure: a. Evaluates patient's response to the procedure. b. Leaves patient in a comfortable, safe position (safety checks) with call light within reach. c. Hand hygiene before leaving the room. | | | |
| Completes skill in allotted time (30 minutes). | | | |

Documentation in an organized format (does not count in allotted time):