



AUGUST 2013

PULSE

Strategies for Student Success at Aultman College!

Welcome to
Fall Semester 2013!

We're Glad You're Here!

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1 *Tutors can help you understand information.*

If you don't understand something, get a tutor. Tutoring can really help, and it's never too soon to start. The LRC offers tutoring for all students in person and through our eTutoring program. Check in the LRC for details!



3 *Do your homework!*

Do your homework. Now, the homework component of your grade is not usually enough to make the difference between passing and failing. However, the point of homework is to reinforce the lessons of the class so that you do perform well on tests.



2 *Attend class.*

Go to class. Attend every single class, no matter how boring or inconvenient. 60 percent of information is learned just by listening in person. So as long as you're there, you might as well listen and take useful notes.



4 *Be sure to study!*

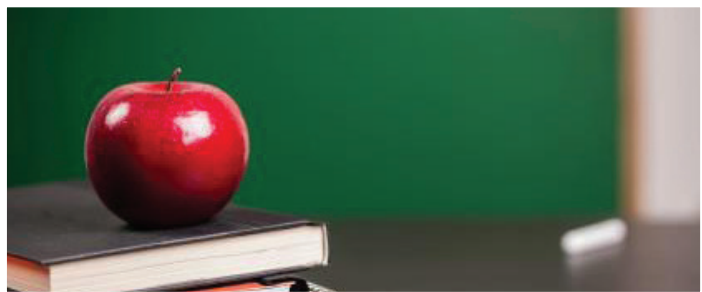
Study. Reviewing your notes, homework assignments, quizzes and assigned readings on a regular basis will help you keep on top of the course material. This helps prevent those nightmare situations where it's the night before a big test and you have no idea where to begin studying.



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- 5** *Attend your instructor's office hours.* Instructors have office hours for a reason. If there are no regularly scheduled office hours, ask if you can come in on your lunch break or before or after class, or a time that is convenient for your instructor. Before you arrive, pinpoint exactly what is giving you trouble and ask questions based on those specific things. Don't be afraid of looking stupid; your instructor will admire your dedication and motivation to succeed!



- 6** *Devote sufficient time to the classwork and homework.*

If you have only one or two very difficult classes and several easier ones, you may need to set aside more time for the one or two than for all the others combined. No procrastinating. It is also a good idea to start your homework as soon as possible after your class. Your memory will be stronger in that subject area, and you will not need as long to get back on track.



Meet Your New Student Life & Diversity Coordinator!

What led to your decision to apply for the Student Life / Diversity Coordinator position?

While working at the front desk, I got to know a lot of the students and learn about who they are. I wanted to keep those bonds and continue to work with the students one-on-one while assisting them with their journey at Aultman College. The Diversity Coordinator is a new position, and it presented a challenge that I had been looking for bringing diversity into Aultman College and helping students focus on many different forms of diverse interactions.

What are you looking forward to most in this position?

I am looking forward to getting to know the students I haven't yet had a chance to meet. Being able to learn from the students, when I get feedback, it will help me decide which events I want to plan and which events students want to attend. I want to be able to get students involved and help them learn that getting involved helps them get recognized.

Tell us something fun about yourself that we may not know! I love to bake! I have a side business called "To Die for Sweets" that I run out of my home. I also enjoy spending time with my husband Mike and our two dogs (aka my children), Roxy, a 5-year-old Boxer/Beagle mix and a 5-month-old Doxie named Chloe.

Favorite Food: Italian food and anything sweet, preferably ice cream!

Favorite TV Show: "How I Met Your Mother" and "Big Bang Theory"

Favorite Song: Anything Country

Favorite Book: "If You Have to Cry, Go Outside" by Kelly Cutrone

Best Advice for Students: I've been in your shoes. College does feel overwhelming at times, but you can make it through. You will have to cut back on spending time with friends and family. If they are really there for you, they will understand. They will also be the ones congratulating you on your successes. It will all be worth it in the end!



Jen Penso

The Keys to Student Success!

Any student will make mistakes along the path to success. As you know, first-generation, nontraditional and working students sometimes have even larger hurdles to jump over to emerge successful! Here are some tips and tricks for success at whatever hurdle you may approach:

1. *Know that yes you can do this!*

Many students who are first-generation college students have been told, both directly and indirectly, that they are not college material. It is simply not true. If you have the desire to be in school and get a college education, and if you are determined to make it happen, then you are definitely college material. Your first step toward that college degree is to believe in yourself and your ability to succeed.

2. *Know that no one succeeds in college alone.*

Everyone needs a support system to make it through college. Traditionally, college was reserved for the elite, who were taught all they needed to know about higher education by their families and the exclusive secondary schools they attended. Customarily, students from high schools in wealthier neighborhoods are far better prepared than students from non-privileged, inner city and rural schools. That does not mean you can't succeed if you did not come from a well-educated and wealthy family. It does mean that you may need to seek out resources and create your own support network.

3. *Build your own support network.*

Start by avoiding people who are negative about your goals, and surround yourself with people who are supportive of your aspirations. If that means moving several miles away (or hundreds of miles away) do it! You'll have enough on your plate just combating the voice in your head that replays the negative messages you have received prior to this decision. Fill your life with people who inspire and encourage you. Find resources that will help YOU: student life offices, LGBTQ clubs, LRC, financial aid offices, federal work study information, continuing education offices, etc. Seek out your resources at Aultman College, right here on campus!

4. *Ask for assistance from the writing center, financial aid, admissions and student life!*

These people can help you with letters of intent, applications, grants, scholarships, essays, proofreading, etc. They will help you get great grades and then build a solid résumé and cover letter for your job search! Never submit a first draft of anything. Write your first draft as soon as possible, and then put it aside. When you come back to it, you will be surprised how many mistakes you will catch with grammar, wording and phrases. Once you have revised your draft take it to a peer, instructor or an office on campus to have someone proofread it for you. Your chances for an A will dramatically improve – just try it!

5. *Find the right person to help!*

If the first person you talk to is not particularly helpful, keep looking. It is always OK to keep asking until you find the answer you need to succeed. It never hurts to ask for a second opinion. The importance of creating a network that is responsive to your needs cannot be overstated. Your education is about YOU.

6. *Know your syllabus!*

A syllabus is your lifeline to success for each course. Do not just glance at it and throw it away. A good syllabus will tell you exactly how to get an A in the class. Follow it closely, and refer to it often.





The Keys to Student Success!

7. *Get organized with a planner!*

In the first week take out your syllabi, and look at assignments over the course of the semester. Aultman College gives you a student planner and handbook to help with this! It is best to use a planner and list priorities by the due dates so that you are always on time with assignments, tests, quizzes, etc. Give yourself extra studying time and plan that in your planner as well, especially when you know a tough exam is coming up. If you are a working adult, have children or simply have a life outside of school, you know how easy it is to put school work off. Stay ahead of the game by being prepared and if something big comes up (death in the family, extended illness, etc.) your instructor will see that you have made all of the attempts possible to complete your work on time and may be more willing to work with you.

8. *Schedule time to study or form a study group!*

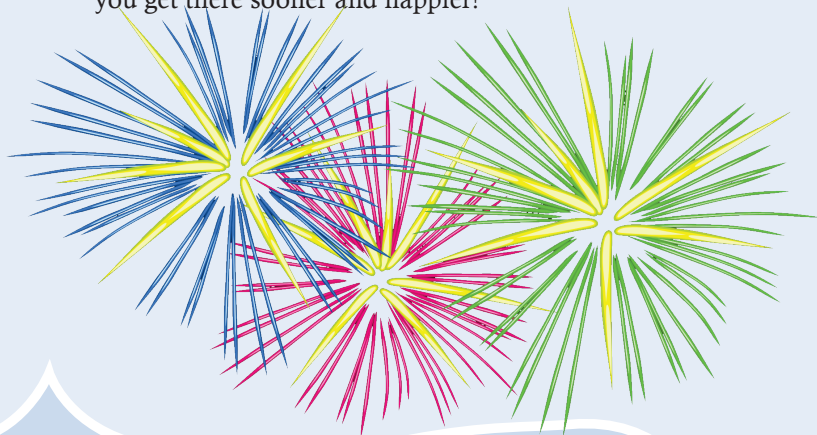
Research papers should be written over the course of a term, not the week it is due. The same is true of midterms, finals and other exams. You should not wait until the last minute to cram for a test; it has been shown that all other classes suffer when students do this. Forming a study group sometimes helps. Peers can serve as proofreaders, help with feedback on projects and clinicals, quiz each other on facts, support others by keeping focus on the course and most importantly, celebrate the accomplishments of each other! Remember, it is much better to take one class at a time than to take four and fail three of them. As long as you keep taking classes, you WILL graduate eventually. Do what it takes.

9. *Know your instructor.*

As you read the syllabi, look for the emphasis each instructor places on various aspects of your grade. A good syllabus will let you know if the instructor is more concerned with punctuation or critical thinking, participation or the number of pages written. Take notes. Remind yourself with each assignment what this particular instructor is looking for and change your style if need be. It could also help to ask students who have had the instructor in the past and have done well to give you helpful advice on what it takes to do well in the class.

10. *Celebrate!*

Give yourself incentives for all the little steps along the way, and never forget to celebrate small accomplishments! Make these incentives as healthy as possible, and try to keep them fun! Keep a list of rewards. Just finished an hour of studying pharmacology notecards? Go for a bike ride! Completed a difficult midterm? Take your family out for ice cream! Earned your degree? Go on vacation! Get the picture? It's easy to lose sight of all of the little things we accomplish. Sometimes it seems the light at the end of the tunnel is so far away but, by celebrating the little things, it will help you get there sooner and happier!



Student Life Events

Check your email Sunday afternoons to get the scoop on Student Life activities for the coming week!

STUDENT CLUB/ORGANIZATION FAIR

Sept. 3 • Main Hallway

Come and find out all the different student clubs and organizations that you can join here at Aultman College. You can even find out how to start your own club or organization!

TOWPATH BIKE RIDE/HIKE

Sept. 7 at 10 a.m.

Ernie's Bike Shop, Massillon

Have you been wanting to check out the Towpath but haven't had time? Now is the chance! Don't have a bike? You can hike or rent a bike from Ernie's Bike shop for \$5-\$35.

FYE ICE CREAM SOCIAL

Sept. 10 at 2 p.m. in CR 3

Come catch up with your classmates and meet new students while enjoying a sweet treat!

CONSTITUTION WEEK COOKOUT

Sept. 18 from 11 a.m.-1:00 p.m. Lot 8

(Rain location TBA)

Celebrate Constitution Week, learn how to join Student Senate and get to know your current Senators!

HEART WALK

Sept. 21 at 10 a.m. • Kent State Stark

If you would like to join Aultman College's Heart Walk team, please see the Student Life Coordinator.

OHIO STUDENT NURSE ASSOCIATION CONVENTION

Sept. 27-28 • University of Cincinnati

The theme of this year's convention is "Reforming your Future." Please contact Thomas Piper, ACSNA President, for more information.

Looking for Scholarships?!?

What could be better than a freeze in college tuition?

Financial assistance in the form of grants or scholarships!

With so many scholarships out there, it is quite possible that you could defray some of your college costs! The trick is finding the right ones! We have many resources here at Aultman College that can help you on your way to lowering your tuition bill. Jennie Carlson is the financial aid administrator who can help point you in the right direction with specific Aultman College scholarship and grant information. You can contact Jennie at jcarlson@aultman.com or 330-363-6479. You can also find links to all of the eligible scholarship applications at www.aultmancollege.edu.

Attention **Nursing** Students! Check out these specific websites that provide nursing scholarships based on U.S. Department of Health and Human Services, minority status, geographical and socioeconomic status as well as commercial company-offered scholarships.

- Nursingscholarship.us
- Discovernursing.com
- Nsna.org



Aultman College Takes the Front Page

Did you catch the Aultman College article in the Canton Repository? On July 13, Saimi Bergmann reported all about our tuition freeze and how it will be affecting each of our students! Here is an excerpt from the article:

July 13, 2013

NEWS

Saimi Bergmann

College tuition increases seem as inevitable as the start of the new school year. However, for the first time, officials at Aultman College have decided to freeze tuition.

"It's unusual, we recognize that," said Vi Leggett, a vice president at Aultman.

One of the reasons for the decision was the federal government's increase of interest rates on student loans.

"We wanted to continue to make sure (college) is affordable for our students," Leggett said.

Aultman is the only Stark County college not raising tuition for the 2013-14 school year, but some schools also froze their rates. Ohio State University will hold steady, as will Wayne College in Orrville, a satellite of the University of Akron.



Diversity Digest

It is our goal at Aultman College to promote and encourage a culturally diverse and inclusive environment. We strive to be a facility where differences are recognized, accepted, appreciated and celebrated. Each month, the Diversity Digest section of the Pulse will share multicultural concepts and information, understanding that a diverse student body has far-ranging and significant benefits for all students, as well as the community at large.



September is National Hispanic Heritage Month

Each year, Americans observe National Hispanic Heritage Month from Sept. 15-Oct. 15, by celebrating the history, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America.

The observation started in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was expanded by President Ronald Reagan in 1988 to cover a 30-day period starting on Sept. 15 and ending on Oct. 15. It was enacted into law on Aug. 17, 1988, on the approval of Public Law 100-402.

The day of Sept. 15 is significant because it is the anniversary of independence for Latin American countries Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. In addition, Mexico and Chile celebrate their independence days on Sept. 16 and Sept. 18, respectively. Also, Columbus Day or Día de la Raza, which is Oct. 12, falls within this 30-day period.

Source: <http://hispanicheritagemonth.gov/about/>

Spotlight: Aultman College Student Nurse Association (ACSNA)

ACSNA is the Aultman College chapter of the Ohio Nursing Students' Association (ONSA) and the National Student Nurses' Association (NSNA). By joining NSNA, you automatically become a member of ONSA and ACSNA. Your membership in this organization unites you with students and professionals, locally and nationally, who share your vision and are shaping the future of nursing. In addition, you will receive a discount price to attend the ONSA Convention being held Sept. 27 and 28 at the University of Cincinnati. The organization meets monthly and co-sponsors many Student Life activities. Last year, several members were sponsored by the Aultman College Alumni Association to travel to Columbus for the ONSA convention. All of these benefits are available for a membership cost of \$35 for the first year. Learn more and join by visiting www.nсна.org. If you are interested in attending this year's convention please contact President Thomas Piper.

OFFICERS OF ACSNA ARE:

Thomas Piper-President

Alyssa Mauser-Vice President

Brittany Magee-Treasurer

Jessica France-Secretary



Recognizing National Immunization Awareness Month

August is typically recognized as National Immunization Awareness Month (NIAM). This awareness month highlights the need for improving national immunization coverage levels and encourages all people to protect their health by being immunized against infectious diseases.

The Centers for Disease Control and Prevention (CDC) supports and encourages the efforts of state and local health departments and other immunization partners to celebrate NIAM and use this month to promote "back-to-school" immunizations, remind college students to catch up immunizations before they move into dormitories or clinical rotations, and remind everyone that the influenza season is only a few months away. It's a great reminder to our nation that people of all ages require timely immunizations to protect their health.



CDC has developed immunization materials for year-round use by our immunization partners. These materials and resources target groups throughout the lifespan and can be used by immunization partners to support local outreach and education efforts during NIAM and beyond. Visit the CDC's website for individual links for adults, pre-teens, teens, children and influenza along with additional resources that could help you while you are here at Aultman College.

News You Can Use!

AultCare Student Health Insurance Plan

All degree-seeking students will automatically be enrolled in the AultCare Student Health Insurance Plan each semester unless coverage is waived because students have coverage under another health care plan. Failure to complete the waiver process by the specified deadline date each semester will result in automatic enrollment in the AultCare Student Insurance Plan and billing for the premiums.

The deadline date to waive coverage for the Fall 2013 semester is Sept. 3, 2013. There are five easy steps to waive the student health insurance coverage:

1. Visit the Aultman College website (www.aultmancollege.edu), click on the AultCare Student Insurance Coverage link located under Recent News.
2. Select "AultCare Student Insurance Coverage."
3. Select "Enrollment Waiver."
4. Complete waiver form, then select "Submit."
5. Print a copy of your summary page and waiver confirmation for your records each semester.

If you have questions or concerns regarding the student health insurance plan, contact the Admissions Office at 330-363-5075 or 330-363-6773.

Did you know the LRC is on Facebook?

"Like" the Aultman College Learning Resource Center Facebook page to receive tips from tutors, links to learning resources and motivational thoughts to keep a positive outlook. All active students who "like" the page by 4 p.m. on Friday, Sept. 13 will be entered into a drawing to win a \$25 gift card!



LRC TIPS:

Take Advantage of LRC Tutoring Services

Confused about chemistry? Mystified about math? Don't wait to get help!

Face-to-Face Open Tutoring

The LRC offers open tutoring in the subjects of anatomy and physiology, chemistry, math, radiography, nursing and writing to help students who are looking for clarification or support

regarding concepts covered in the classroom. Open tutoring is a specified time when a subject tutor is present in the LRC and is available to assist any Aultman College student who drops in for help. There is no need to pre-schedule an appointment.

Here are a few tips on making your time with the tutor as effective as possible:

1. Bring specific notes from your book or the classroom, and write down what you do understand and what you don't understand. This will help you and your tutor more quickly zero in on that material you need to cover.
2. Do your homework before coming in for tutoring. Make notations on areas where you are struggling so you can work on those steps with your tutor.
3. Bring in graded work to review with your tutor. Most courses rely on skill building, so struggling on an early test can mean future struggles ahead.
4. Ask tutors about outside support resources, such as websites, models, journals, and other study aids.
5. Start early! Stop in and get acquainted with the tutors, even if you don't currently need help. Forming a relationship now will make it easier if you have questions down the road.

eTutoring

Did you know that Aultman College is one of 43 Ohio two- and four- year institutions that are now partners in the Ohio eTutoring Collaborative? Through the partnership, all Aultman College students have access to FREE online tutoring in the subjects of anatomy and physiology, chemistry, math and writing.



News You Can Use!

eTutoring services include:

- Online Writing Lab that allows students to submit a draft of their paper to a tutor, ask for specific feedback, and receive a tutor's response within 24-48 hours.
- Live tutoring via eChat, which allows the student to meet with a tutor in one-on-one tutoring sessions via a fully interactive, virtual online environment.
- Offline eQuestions allows the student to leave a specific question for an eTutor, who will respond within 48 hours (but usually sooner). eQuestions may be submitted for any of the subject areas covered.

Visit the LRC or check out the portal for eTutoring information!

IMPORTANT DATES AND ANNOUNCEMENTS:

- **Sept. 3, 2013:** last day to add/drop for fall semester.
- **Sept. 13, 2013:** last day to withdraw with a 90 percent refund.
- **Sept. 27, 2013:** last day to withdraw with a 50 percent refund.
- **Oct. 4, 2013:** last day to withdraw with a 25 percent refund.
- **Oct. 21, 2013:** graduation applications for fall are due.
- **Nov. 15, 2013:** last day to withdraw from fall classes.

Academic Advising

- Academic Advising for the Spring 2014 semester will be held Oct. 14-18, 2013. During that week, you will meet with your faculty advisor to plan your spring schedule. Additionally, Christine Court will be available all week for progression planning. You will receive information in early October regarding Faculty Advisor appointment sign-ups and registration packets.
- Academic Advising for the Spring 2014 semester will be held Oct. 14-18, 2013. During that week, you will meet with your faculty advisor to plan your spring schedule. Additionally, Christine Court will be available

all week for progression planning. You will receive information in early October regarding Faculty Advisor appointment sign-ups and registration packets.

- Spring 2014 registration dates are:
 - Nov. 1-5, 2013.
 - More information to come in early October!
- Fall commencement ceremony: Friday, Dec. 13, 2013 at R.G. Drage
 - All service learning and transfer credit must be in no later than Monday, Nov. 25, 2013, in order to be eligible to graduate.
- New transient policy:
 - Courses taken transient do not need to be taken farther than 50 miles from Aultman College.
 - Courses may not be taken transient in the same semester that Aultman offers the course(s).
 - Contact the registrar (mdeist@aultman.com) or the academic advisor (ccourt@aultman.com) with your transient questions!
- Have questions about whom to see with your concerns? Here's a breakdown of the roles support in the office of the registrar:
 - **REGISTRAR:** Michelle Deist is located in the main office. She awards transfer credit, approves transient requests, coordinates registration, answers CLEP questions, creates degree audits, generates official transcripts and clears students for graduation.
 - **ACADEMIC ADVISOR:** Christine Court is located in the main office. She can assist you with add/drop requests, withdrawals, progression planning, CLEP questions and transient questions.
- Reminder about where to find your service learning hours:
 - Service learning hours will be posted on your unofficial transcript on the portal (click "transcript" on the left hand side once you enter your portal).
 - Service learning hours are not on your degree audit.

Aultman College BSN Completion Program



The Division of Nursing is now offering a Bachelor's Degree in the Science of Nursing, as a RN-to-BSN completion program. The BSN completion program is designed to provide educational experiences for registered nurses to broaden their professional practices. The bachelor's degree nurse is accountable, adaptable and capable of functioning as a leader in a health care environment that is constantly changing. Building on the basic concepts of the associate degree program (nursing, client, health, environment, and education) the BSN completion program will include the following concepts: community/diverse populations, evidence-based practice, health promotion, nursing leadership, nursing research and technology.

Why pursue a BSN at Aultman College?

Like you, our primary focus is health care. Aultman College has a longstanding tradition of educating excellent nurses since 1892. In Aultman's BSN Completion Program, you will:

- Attend smaller classes with a lower student-teacher ratio.
- Connect with dedicated faculty and staff members who strive for student success.
- Enjoy a flexible curriculum.

Program Approval

The RN Completion Program has been approved by the Higher Learning Commission (HLC) and the Ohio Board of Regents (OBR). The program will seek accreditation from the Commission on Collegiate Nursing Education (CCNE). By nature of being a post-licensure program, the RN to BSN completion program will not be certified by the Ohio Board of Nursing.

Is there a Need for Bachelor-degree Nurses?

The Institute of Medicine (IOM) has made the recommendation to increase the proportion of nurses with a baccalaureate degree to 80 percent by 2020. Academic nurse leaders across all schools of nursing

should work together to increase the proportion of nurses with a baccalaureate degree from 50 to 80 percent by 2020.

The Magnet® program originated with the American Nurses Association's American National Nurses Credentialing Center (ANNC) in the early 1980s as a creative response to the crippling nursing shortage of the 1980s. The original intent of starting the Magnet status program more than 20 years ago was to help illustrate how hospitals could improve their nursing staff retention rates by facilitating a more professional and cohesive environment for nurses, therefore attracting better-quality nurses to join and remain on staff for the long term, and improving patient care in the process. Magnet has followed the IOM recommendations, by recommending that Magnet hospitals "Provide an action plan and set a target, which demonstrates evidence of progress toward having 80 percent of direct care nurses obtain a baccalaureate degree in nursing or higher by 2020."

Aultman College conducted a needs assessment survey of students in 2010 to measure interest in the RN to BSN completion program. All participants answered that they were interested in earning a higher degree (65 percent very interested, 35 percent somewhat interested). When asked about start dates of a RN-BSN program after graduation, 39 percent answered that they would want to start immediately, 23 percent within six months, 15 percent in 6-12 months, and 23 percent within 1-2 years. Overall, there was a high level of interest, and an overwhelming majority would like to start immediately or within the next two years.

Admission for RN to BSN

Application: Applicant must submit RN to BSN completion program application. The nonrefundable application fee is \$45, which covers admission to the college and program. The application fee will be waived for those applicants with proof of military service. All applicants must submit Official College Transcript(s).

College admission: Applicants applying to the RN to BSN completion program must have an undergraduate GPA of 2.5 or better on a 4.0 scale for all prerequisite

courses and previous college credits. Applicants must meet all ACNHS admission criteria.

The application deadlines are: fall semester – May 1; spring semester – Oct. 1; summer semester – Feb. 1.

Curriculum

Courses for the BSN completion program are scheduled to run as seven-week sessions, with two seven-week sessions comprising a semester. Aultman College's current semester schedule consists of 15 weeks. Semester start and end dates for the BSN sessions will coincide with current calendar and incorporate a one-week break in between sessions. Two BSN sessions will run in the fall semester, two will run in the spring semester, and two will comprise a summer semester.

Clinical experiences will be provided during the Community Nursing and Nursing Leadership courses. Clinical sites will be chosen by the individual students based on personal areas of interest. Potential clinical experiences may include: Ohio Board of Nursing, Ohio League of Nursing, Ohio State Capital, Canton City Council, Stark County Health Department, as well as local outpatient clinics, long-term care facilities and health care fairs.

In addition, each RN-BSN student is required to maintain an academic portfolio in Google Sites, an online portfolio system, throughout the RN-BSN completion program. The academic portfolio is a collection of data related to the student's progress in achieving the baccalaureate program outcomes. It is a tool for student learning, self-evaluation and assessment. The portfolio serves as a link between curriculum course content, course objectives, program outcomes and professional nursing practice. The portfolio is used to showcase professional role development, values, core competence and critical thinking.

Nursing Course

- NRS 300: Health Assessment (3 cr hrs)
- NRS 304: Care of Culturally Diverse Populations (3 cr hrs)
- NRS 302: Nursing Research (3 cr hrs)
- NRS 306: Gerontology (3 cr hrs)
- NRS 400: Health Promotion/Teaching (3 cr hrs)
- NRS 402: Informatics for Clinical Judgment (3 cr hrs)
- NRS 404: Community (4 cr hrs)
- NRS 406: Leadership (4 cr hrs)

General Education

- SPA 103: Conversational Spanish (3 cr hrs)
- COM 105: Speech (3 cr hrs)
- PHL 114: World Religion (3 cr hrs)
- MTH 205: Statistics (3 cr hrs)
- PSY 221: Caring & Terminal Illness (3 cr hr)
- ECN 225: Healthcare Business (3 cr hrs)
- BIO 315: Pathophysiology (3 cr hrs)

Cost (estimated)

Tuition

Cost per credit hour	\$435
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Fees

Application Fee (non-refundable)	\$45
RSVP Fee	\$100
Book Fees	\$2,000
Insurance Fee (per semester, if applicable)	526.25
Late/Change in registration fee	\$30
Graduation Fee	\$200

Financial Aid

Aultman College is committed to assisting students and their families find ways to make college affordable. Aultman College currently offers financial aid services to all students. Communication of financial aid information is very important for our students. Available scholarships, grants, and loans are announced and communicated to our students on a regular basis. Detailed instructions and the most up-to-date information on applying for federal, state and institutional aid are posted on the college website and student portal. Additionally, financial aid information is included with admission information, mailed upon acceptance and presented at College Orientation. The Financial Aid Administrator welcomes individual appointments and is willing to assist with forms, deadlines, financial literacy and other financial matters.

Contact Information

Jo Ann Donnenwirth

BSN Program Director
330-363-4129
jdonnenwirth@aultman.com

Jenn Loretto

BSN Program Coordinator
330-363-1186
jloretto@aultman.com

Aultman College Honor Societies

Involvement in honor societies is a great way to boost your service and leadership skills as well as your resume. Take a few moments to learn more about Aultman College honor society opportunities. ...

Phi Theta Kappa

Phi Theta Kappa (PTK) is the largest two-year honor society in the world. The Aultman chapter, founded in 2010, is named Beta Sigma Theta. PTK offers students leadership and honors activities, as well as scholarships and career networking. To be eligible to join the Beta Sigma Theta chapter of PTK, students must have a cumulative GPA of 3.60 and have completed at least 12 credit hours. For more information on joining PTK, visit their website at www.ptk.org.

Lambda Nu

Lambda Nu is a national honor society for radiologic and imaging services. Aultman College founded the Ohio Gamma chapter in 2012. Lambda Nu's objectives are to foster academic scholarship at the highest academic levels, promote research and investigation in the radiologic and imaging sciences, and recognize exemplary scholarship. To be eligible to join the Ohio Gamma chapter of Lambda Nu, students must have a cumulative GPA of 3.50 and have completed at least 5 credit hours in the Associate of Science in Radiography program at Aultman College. For more information on Lambda Nu, visit their website at www.lambdanu.org.

Phi Theta Kappa Members

Congratulations to Tara Neidert who is our newest Phi Theta Kappa member and Tammy Quillin, our newest Lambda Nu member! Are you next?!



Search Engine Savvy

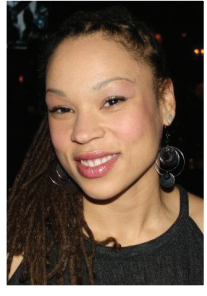
Have you ever sat down to do a quick Internet search and found yourself hours later sifting through millions of results? We all have! Today, we have more information available at our fingertips than ever before, but sometimes it can be hard to find what we need. When doing research using search engines such as Google and Bing, some simple tricks can save you hours of digging. Try these the next time you use a search engine:

- **Phrase Quotes** – Most search engines automatically put an AND between words you type in the search engine box; therefore, words can appear at the beginning or end of a webpage. To search for words together, put quotation marks around the phrase such as “type 1 diabetes” or “Florence Nightingale.”
- **OR** – To get results that only need to contain one of the words in your search, combine the terms with OR. Use this strategy to combine synonyms such as teenager OR adolescent OR “young adult.”
- **NOT** – To exclude words from your results, try using the “-“ symbol. To find information about radiation that does not refer to nuclear, type radiation –nuclear.

- **Site Specific** – To search for results that only appear within a specific website, type site: followed by the website address. To find information about aspirin on the American Heart Association's website, type in aspirin site:www.heart.org.
- **Domain Specific** – Website domains tell us some basic information about where a site originates (.edu – educational institution, .gov – government, .com – company). To limit results to one specific domain, type site: followed by the domain. To find information about heart attacks published on a government website only, type “heart attack” site:.gov.
- **Definition** – Just need a simple definition? Type in define: followed by your word or phrase. Example: define:success.

If you would like further tips or research assistance, contact your Academic Librarian Theresa Kline, MLIS, at tkline@aultman.com or 330-363-3471.

Golden Owl



Student of the Month August

Adenike
Gbadebo



At Aultman College, our goal is to “live our values” every day! The Golden Owl Student of the Month program recognizes students who have gone above and beyond in displaying the values that are the foundation for our institution. Students may be nominated by faculty, staff, hospital employees, patients or other students. The Golden Owl Student of the Month is acknowledged in The Pulse newsletter, on the *WiseLine* and by posters in the hallway kiosks. One of the perks of the award is a reserved, front-row parking space in the Aultman Education Center parking lot. Nomination forms are available on the *WiseLine* or outside the Student Life Office.

Adenike has been very willing to help during her clinicals, she immediately asks for the report for the day when she arrives on the floor. She is caring toward the patients and goes above and beyond what she is required to do. Her enthusiasm shows and does not go unnoticed. She is also very detailed in her charting for each patient, which is quite a task to do on the Psych floor. She will make a great nurse!

Q & A

Learn More About Adenike!

What led to your decision to pursue your degree?

It was suggested to me by friends and family and, after working with MRDD clients, I decided to start nursing school and transitioned to becoming an STNA. It was one of the BEST decisions of my life! I absolutely love what I do.

Why did you select Aultman College for your education?

It seemed like a challenging program that did not accept all applicants. There was also no waiting list, which appealed to me.

You were nominated based on your demonstration of the Aultman College values of Quality, Integrity, Caring and Knowledge. Why do you feel these characteristics are important for a health science student?

These characteristics are extremely important as they are what make an excellent nurse. Our care of patients starts with our attitudes and the way we approach and treat them. We must have knowledge in order to carry out effective treatments and intervention. We must show integrity in all actions.

Is there any personal information you would like to share in this article? (information about family, hobbies, etc.)

My name is a Yuroba name, as my father is from Nigeria and that it is his native language. Nike actually translates to “to care for.” I believe this name was given to me for a reason. I love caring for others and feel this is my true calling.

Favorite Food: Salad!

Favorite TV Show: “Sons of Anarchy” and “The Wire”

Favorite Song: I love hip-hop and reggae!

Favorite Book: I love to read, period!

Favorite Class (so far): All the MedSurg classes

Best Advice For First Semester Students: Your love and passion for this field is what will carry you through the struggles. This is not the type of job to be in for the money. There will be times of struggles and triumphs, stick to your guns, work hard, stay organized and you will make it to the finish line! If you have questions, ASK!

Golden Owl

Students of the Month September



Elizabeth Buckler



Two Aultman staff members were outside walking and came across two nursing students helping a man who was out of his wheelchair lying on the sidewalk. He had lowered himself to the ground because his wheel had fallen off, and he was trying to fix it. It had fallen off before so he had a clamp and bolt but was having trouble with the screwdriver. In the end, they got it temporarily fixed and he was off again. Elizabeth and Darcell were very compassionate toward him. Liz even went inside and bought him a bottle of water, and they told him to make sure he stays hydrated because it is so hot.

Q & A

Learn More About Elizabeth!

What led to your decision to pursue your degree?

I chose to pursue a degree in nursing because I have always loved helping people and making a positive impact in another person's life. I love seeing the smile on someone's face after I've done something to help them out. Nursing seemed like the perfect career field for me to get into.

Why did you select Aultman College for your education?

I chose Aultman College because I heard it was both a challenging and rewarding program.

You were nominated based on your demonstration of the Aultman College values of Quality, Integrity, Caring and Knowledge. Why do you feel these characteristics are important for a health science student?

It is important for a health science student to have these characteristics to be able to properly care for patients, and treat them in a way they deserve to be treated.

Is there any personal information you would like to share in this article? (information about family, hobbies, etc.)

I am the youngest out of five kids. I enjoy spending time with my family, boyfriend, and friends. I also love to run long distances.

Favorite Food: Cheese

Favorite TV Show: "Glee"

Favorite Song: Too many to choose just one

Favorite Book: "The Truth About Forever" by Sarah Dessen

Favorite Class (so far): FOUNDATIONS I LAB

Best Advice For First Semester Students: Take time for yourselves. Yes, schoolwork and studying should be a high priority, but don't forget to take a minute and breathe.

Golden Owl



*Darcell
Durant*



Q & A

Learn More About Darcell!

What led to your decision to pursue your degree?

With my passion for knowledge, my love of problem solving, and my curious personality, I discovered that nursing is a career that can help me to broaden these areas of interest. There is always a silver lining to every situation and I thrive on the interactions with patients to help them realize that no matter how bad the situation appears, something good always comes from it. I want to be a positive influence in patients' lives when they feel they need an extra boost to help them overcome any struggles they have been faced with.

Why did you select Aultman College for your education?

I have several family members/friends who work for Aultman Hospital. Many of them recommend Aultman College as their college of choice. This, along with the positive reputation within the community, helped make the decision to attend the college an easy one.

You were nominated based on your demonstration of the Aultman College values of Quality, Integrity, Caring and Knowledge. Why do you feel these characteristics are important for a health science student?

Nursing requires hard work and integrity because I am dealing with life and death situations every day. I have to be knowledgeable to be able to provide quality care for my patients. Having these values is important because working in a multidisciplinary environment, such as a hospital, will allow me to be a successful part of a health care team. I feel it is important for an individual in the medical profession to display these characteristic in order to provide the best experience for the patient.

Is there any personal information you would like to share in this article? (information about family, hobbies, etc.)

I attended Stark State College to complete my prerequisites then went to Kent State to work on classes towards obtaining my BSN prior to attending Aultman College. My plans after graduation are to continue with school to complete the requirements needed to become a Nurse Practitioner and focus on critical care. My dream is to become a member of a specialized first response team. In the little free time I have between being a mom to my daughter Brooklyn, who is 2.5 years old, and attending nursing school full time, I enjoy cooking, sewing, photography, and being with my family.

Favorite Food: Red Raspberries, Mangos, Squash, Grilled Chicken

Favorite TV Show: Cooking Channel

Favorite Song/Artist: John Mayer, Jack Johnson, Luke Bryan, Tom Petty, Journey, Bruno Mars, Elton John, Billy Joel, Kings Of Leon, Tracy Chapman

Favorite Book: The Bible

Favorite Class (so far): Medical Surgical Nursing III with Dr. Skalsky

Best Advice For First Semester Students: Stick with a positive attitude and realize what might be difficult to some, may be easy for you. Be sure to utilize all your resources, stay organized, and never forget what led you to nursing.

Campus Happenings

Relay for Life

31 students, faculty and staff members created this year's Relay team, which attended the event at Paul Brown Tiger Stadium June 7-8. The Aultman College team raised \$1,800 through bake sales and the Flower Power fundraiser. During the event the team raffled off a Safe Sitter basket and Bonnie Link's husband, Todd, created balloon animals for \$1. By raising more than \$1,000, the team earned the Rising Star Award. Way to go team! Plans are already being made for the 2014 Relay team.



Janelle Sylvester, Jessica Long, Linda Cantrell, Melissa Durnan, Elizabeth Powell, Alyssa Mauser, Logan Armstrong, Korra Elder, Stephanie Trout and daughter.



Nursing Students Alyssa Mauser, wearing Alyssa's grandfathers' bandana, and Monica Brewer, wearing Alyssa's grandfathers coonskin hat.

Camp Scrubs

Camp Scrubs was held June 17-21 and July 15-19! A total of 46 kids had an awesome week learning about the different areas of health care. Some of their highlights included participating in a Code Blue simulation, extracting DNA from fruit, dissecting sheep brains and hanging out on the helipad!



Campus Happenings

Science Camp

June 10-14 our faculty and staff assisted with Science Camp at Faircrest Middle School. A big thank you to all who assisted and to Dr. Jean Paddock, who taught the kids how fun science can be!



Tie Dye Day

May 28 the college opened up the lab for some tie-dyeing fun!



New Radiography Equipment

If you stop by the Bettie Sponseller Skills Lab you will notice our newest radiology equipment! Thank you to Imaging Device Engineering Associates for their donation. Stop by to see how students can now use hands on simulation for learning technique and positioning!



Campus Happenings

Pinning

The Summer 2013 Pinning Ceremony was held at Executive Events Center on Aug. 8. A total of 38 students were pinned by friends and family. Congratulations to all of our students!



Golf Outing

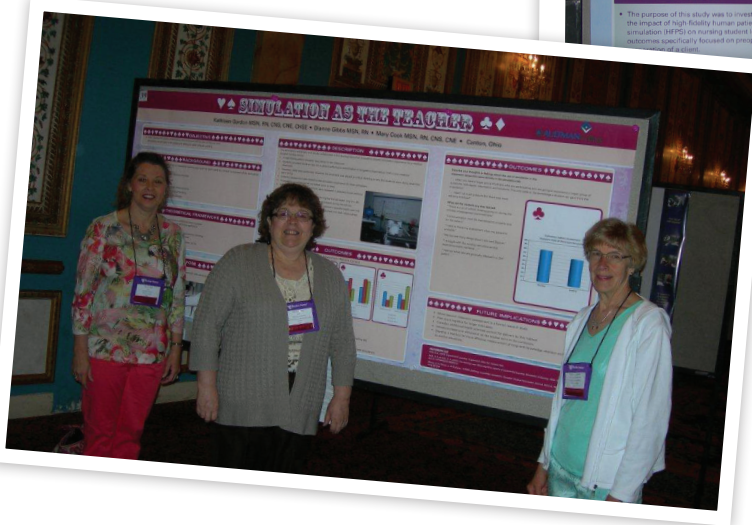
The Sixth Annual Aully's Open Golf Outing took place Aug. 13 at Wilkshire Golf Course. 14 teams participated for a great cause and helped raise student scholarship funds!



Campus Happenings

Conference Presenters!

What happens in Vegas stays in Vegas ... at least for these ladies as they presented their posters at the International Nursing Association for Clinical Simulation & Learning conference in Las Vegas in June.



Service is Not Only for Students!

July 23 Aultman College faculty and staff took a trip to the Akron-Canton Regional Foodbank where they packaged more than 600 bags of cereal for local kids. Ask how you can help make a difference!



Keeping in the Know:

Congratulations & Best Wishes

Congratulations and best wishes to long-time faculty members who are off to new opportunities!

Mary Cook has accepted a faculty position at Walsh University, and Dr. Sherri Cole will be headed to Logan College near St. Louis.

We thank them for all of their continued time, support and knowledge. They will be missed by their Aultman College family!



Student Life Spotlight

- Student Club/Organization Fair-Sept. 3-Main Hallway
 - Come and find out all the different student clubs and organizations you can join here at Aultman College. You can even find out how to start your own club or organization!
- Towpath Bike Ride/Hike-Sept. 7 at 10 a.m.-Ernie's Bike Shop, Massillon
 - Have you been wanting to check out the towpath but haven't had time? Now is the chance! Don't have a bike? You can hike or rent a bike from Ernie's Bike shop for \$5-\$35.
- FYE Ice Cream Social-Sept. 10 at 2 p.m. in CR 3
 - Come catch up with your classmates and meet new students while enjoying a sweet treat!
- Constitution Week Cookout-Sept. 18 from 11 a.m.-1 p.m. in Lot 8 (Rain location TBA)
 - Celebrate Constitution Week, learn how to join Student Senate and get to know your current Senators!
- Heart Walk-Sept. 21 at 10 a.m.-Kent State Stark
 - If you would like to join Aultman College's Heart Walk team, please see the Student Life Coordinator.
- Ohio Student Nurse Association Convention-Sept. 27-28, University of Cincinnati
 - The theme of this year's convention is "Reforming your Future." Please contact Thomas Piper, ACSNA President, for more information.

