



PULSE PULSE PULSE

APRIL 2014

Spring Semester
2014!!

We're Glad You're Here!

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Does anyone have a No. 2 pencil?

By Jo Ann Donnenwirth

“A No. 2 pencil and a dream can take you anywhere.” - Joyce A. Myers

Do you remember hearing someone in your life say, “I walked uphill to school both ways”? While growing up, I walked approximately five city blocks to school. As a young child, this was a long and sometimes scary walk. I distinctly remember my first day of kindergarten. My mother had bought me a new red dress. It was also my birthday, so she had purchased 30 Tootsie-Pop suckers for me to share with “my new friends.” Mom and I walked to school holding hands, stopping at each cross-street, looking both ways twice and proceeding. That afternoon, we enjoyed the birthday treats, and the whole class sang “Happy Birthday.” I knew right then that I would like going to school.

I was happy in first and second grade. It is not clear when I decided that I really didn't like to go to school. Was it fifth grade when my friend was selected for the part in the play, and I was overlooked? Or was it in sixth grade when the class bully broke my eyeglasses? Middle school was uneventful; I just wanted to get out of the middle school and go to the high school. I dreamed of football games, cute boys and lots of parties. I quickly became involved in many extracurricular activities and made some lifelong friends. Looking back, high school



was a cool period in my life. Life was much simpler; gas was \$1.25 per gallon, and a movie ticket was \$2.69.

I am a first-generation college student. My parents were blue collar, hard-working, union card-holding people who wanted the best for their children. I was allowed to go to college for a one-year trial. It was decided that at the end of one year, my experience would be evaluated. I was so excited to be going to college; I had no idea what college life would be like, but moving to the city was very exciting. I loved the thought of going to college and learning how to start a career; I left home with one notebook, loose-leaf paper, and pencils and pens.

My illusion faded after the second or third semester. Who cares about learning various world religions or how to score bowling? I just wanted to be a nurse. Each semester



was followed by a harder semester, and I quickly realized that I should have studied harder in high school. Finally, when the nursing classes started we were able to interact with real patients and health care providers. My clinical instructors expected a lot and made me very nervous. The nursing lectures were exhausting. The tests required a No. 2 pencil. I used one lucky blue No. 2 pencil for test days. I had to walk several city blocks to the computer center to turn my hand-written paper into a typed document in APA format. There were definitely good days and bad days. I would dream of graduation, a new car, a wonderful apartment and my new life. Graduation finally came; what a celebration!

My new life did not include rules, curfews or homework. I accepted the first job offered to me. It was hard to remember everything I had been taught, provide compassionate care to my patients and end the shift on time. The off-shifts and weekends made me tired; I experienced a little bit of reality shock! It seemed I still had a lot to learn. My nursing books came in handy as references early in my career. (This was before the Internet.) One afternoon, my nursing friends at work began talking about returning to school. What were they talking about? The thought had not crossed my mind. Why would I return to college?

Then life happened: marriage, buying a house, having children. As a busy mother working full-time, the months and years flew by. Life was hectic. Occasionally, the nurses on the unit would begin to talk about going back to school. Were they crazy? I still had no plans of ever returning to college. As an ACLS certified critical-care nurse I was learning every day at work. As a preceptor to nursing students and new hires, I enjoyed sharing my love for nursing. Later, I became a charge nurse and nurse manager. I remember being concerned that I didn't know enough about leadership and business. Again, the question of returning to college was brought up. I thought, maybe, I would consider returning to college.

As one door closes, a window opens. Eventually, I took a position as nursing faculty at Aultman Hospital School of Nursing. This was a very exciting time. Not having the qualifications for this position meant I had to return to college. It had been 20 years since college graduation. Graduate school was one night a week for two years. This time, I was equipped with a legal tablet, No. 2 pencils and a laptop. Honestly, many of the same feelings returned. The nursing courses were draining, and the papers had to be in APA format. There were many obstacles to overcome; I didn't know how to manage my family and work while attending college. Graduating from college the second time was a major accomplishment for me. The master's degree taught me perseverance.

I hope you are enjoying your time at Aultman College. I recognize you probably have some of the same feelings I experienced throughout college. It often seems like the semester will never end and, when it does, you look to see how many more classes are required prior to graduation. Many graduates look back and feel the time has just flown by. Those of you graduating in May are entering the nursing profession at a very

exciting time; the nursing profession is changing rapidly, and there is a world of opportunity out there for you.

No matter where you are in your college career, please pay attention to the "inner voice" that keeps asking, "When are you going back to college?" Various work experiences and college degrees prepare you for an exciting nursing career. Aultman College has been approved by the Higher Learning Commission to offer a BSN Completion Program. In as short as six semesters, you can earn your bachelor's degree in nursing right here, with the faculty and support staff you have already built relationships with. (You can space the courses out to accommodate your personal timeline.) This program has been designed to be offered in the hybrid format. One-third of each course will be taught in the face-to-face format, and two-thirds will be taught online. How cool is that? This allows you the flexibility to fulfill family and work obligations while still being connected to faculty and support staff on campus. If you are intrigued, please contact BSN Program Coordinator Jenn Loretto at Jennifer.Loretto@aultmancollege.edu. Jenn will be glad to meet with you individually, set up an individualized curriculum plan, assist with the application process and help you start this next step in your professional career.

As nursing faculty at Aultman College and a doctorate student, I am still in school. All this time in college has taught me "you don't know what you don't know." There is still so much to learn. Although I did not walk uphill to school both ways, I did use my share of No. 2 pencils to follow my dream of becoming a nurse.

Featured Faculty: **Chuck Piscitello,** instructional designer and sociology professor



I am Chuck Piscitello, I'm a Christian, a husband, a father, a sociologist, a libertarian, an educator, an instructional designer and a health enthusiast. I received my Bachelor of Arts in psychology and sociology in 2003 from Cleveland State University, and my Master of Arts in sociology also from CSU. I am working on my doctorate in education, and

I am currently completing my dissertation on how attitudes toward technology can affect the implementation of iPads in the college setting.

I have been teaching since 2008, and I have worked at many schools in Northeast Ohio. I currently teach at Stark State, the The University of Akron, Brown Mackie College and, of course, here at Aultman College. I have taught classes face-to-face, hybrid and online. Most of my experience comes from teaching sociology, but I have taught cultural diversity, family dynamics, social problems, statistics, organizational behavior, interpersonal communications, small business management and professional development. Along with teaching at Aultman College, I am the instructional designer in charge of creating online and hybrid course content.

In my spare time, which is rare these days, I try to spend as much time with my beautiful wife and gorgeous daughter – who are my motivation for all the madness I listed above. I love cooking, making wine, beer and spirits. I attempt to stay physically active through weight training and trail running.

1. Why I chose to pursue my degrees: For sociology, I've always been interested in culture because I'm a second-generation immigrant. It was interesting to see the differences between my family and other families I knew growing up. I love understanding why people act the way they do and I love people watching, so my BA was in psychology and sociology, and my master's was sociology. I'm currently working on my Ed.D. in

teaching and learning because I would like to use what I learned through sociology to improve education.

2. I came to Aultman College because there was a need for a sociologist. Amanda Espenschied-Reilly asked Mike Polnik if he had any sociology friends, and he did. In meeting with Amanda and Jean for my interview, they noticed in my transcript that I have instructional design experience and Aultman College was planning on hiring an instructional designer in the near future. I was that instructional designer.
3. I grew up in Maple Heights, Ohio, a suburb of Cleveland. I graduated high school from Maple, and then went to Tri-C West for my associate degree. After Tri-C, I completed a double bachelor's degree in psychology and sociology from Cleveland State University, along with my master's in sociology from Cleveland State in 2007. While in school, I worked for Giant Eagle for 13 years and ended up a GetGo store manager until I quit to teach at Brown Mackie in 2010. I was a sociology instructor and the iPad champion responsible for iPad implementation to faculty and students. While working at BMC, I started teaching at Stark State as an adjunct sociology instructor where I teach a variety for sociology classes.
4. I like to read, so I have a number of books I enjoy. I turn to the Bible the most and read that most often. I really like "Breakfast of Champions" by Kurt Vonnegut, "Choke" by Chuck Palaniuk, the "4-Hour Workweek" by Tim Ferriss and "Atlas Shrugged" by Ayn Rand.
5. I have to have a list of movies because I can't just list one: "Clerks," "Office Space," "Fight Club," "American Beauty," "Tommy Boy," "Pulp Fiction" and "Snatch."
6. Favorite Quote: For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong. - 2 Corinthians 12: 9-11
7. Advice for Aultman students: Work hard, show up every day and ask questions when you don't know something.

Professionalism is a Journey

By Bonnie Link BA, R.T. (R) (ARRT)

When radiography students enter the Associate of Science in Radiography program, they start on a journey of developing professional and lifelong skills that will enable them to survive both in the clinical environment and in the real world. Harriet Tubman once said, "Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world."

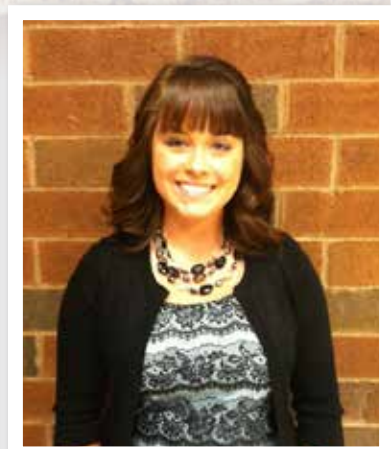
I am excited to announce that two students from the 2015 graduating cohort have been named O.S.R.T. Student Interns. Nikole Bailey and Brianna Briggs have been chosen to serve as an Ohio Society of Radiologic Technologists' Student Interns! They had to join the organization, be in good standing with the program and submit an essay indicating why they wanted to be involved in the O.S.R.T. as well as receive approval from Mrs. Williams, program director. As Student Interns, they will develop and enhance their leadership skills through networking with state radiologic technology leaders. Both Miss Bailey and Miss Briggs will be expected to attend the 2014 O.S.R.T. Annual Meeting in Cincinnati, April 9-13, 2014. Several other radiography students plan to attend the convention.

Comments from Miss Bailey on her future O.S.R.T. Student Intern experience are as follows: "I feel being in the Student Leadership Program will help me grow professionally. I am thankful to go to a college that offers this type of internship. I look forward to the networking opportunities as well as gaining more knowledge and experience in the field of radiography."

Miss Briggs is also excited about her Student Intern



Nikole Bailey



Brianna Briggs

position. Comments from her are as follows: "I am grateful and honored for the opportunity to serve as a Student Intern for the Ohio Society of Radiologic Technologists. I believe this position will allow me to grow as a student radiographer as well as prepare me for my future career in radiography. This new journey with the O.S.R.T. will also allow me to be a role model to fellow students as I share my eagerness and passion for radiography."

The members of the radiography team are always thrilled to observe the professional transformation of students that occurs during the 21 month period. The ASR program is very rigorous and requires the students to be focused and dedicated to the responsibilities and accountability that their studies require. Just like Harriet Tubman, the students must have the strength, patience, and passion to reach for their goal of becoming radiographers and other professional goals.

Tara Gross from the spring 2013 graduating cohort served as the first O.S.R.T. Student Intern from Aultman

College and served on the Foundation Board of the organization. She was featured in the summer 2012 issue of the Pulse. Miss Gross was the student speaker at the May 2013 graduation and was active in the Radiography Club and other college leadership roles. She continued her professional journey after graduation. She is now employed as a Cath Lab radiographer at Affinity Medical Center in Massillon.

Nick Elser, 2013 graduate, reached for the stars and is now completing his schooling at the University of North Carolina for Nuclear Medicine and PET scanning.

Marissa Durbin, 2009 graduate from the certificate program, followed her passion for teaching. Miss Durbin completed her Bachelor's degree from Kent State University in 2013 and will be serving as the course instructor for the RAD 138-Radiographic Imaging and Analysis course during the 2014 summer semester. She has served as a clinical instructor for both radiography programs since 2011 and as a radiography tutor during the 2013 summer semester. In addition, Miss Durbin is a third generation graduate from the Aultman Hospital School of Radiologic Technology. Her great Aunt Laura Owens-Haynam, two other aunts, Dianne Linerode-Schuster and Denise Linerode-Woleslagle started their professional careers after graduating from the Aultman Hospital School of Radiologic Technology. Mrs. Haynam retired in 2008 from Dr. Miller's office. Mrs. Schuster is employed as a MRI tech at Aultman Hospital and Mrs. Woleslagle is employed at Affinity Medical Center as a CT tech. There are many other graduates that have continued their professional journeys after graduating from such a valued institution as Aultman College.

Aultman College of Nursing and Health Sciences is a great place to learn and teach! I am proud to be part of a strong team of educators who do not take professionalism lightly. As a faculty member, I have the awesome responsibility of changing the world and impacting my students and new faculty members just as Harriet Tubman did. Professionalism is a journey! I wish both Miss Bailey and Miss Briggs well on the next stop of their professional journey, the 2014 O.S.R.T. convention!

To the prospective 2015 spring nursing and radiography graduates, "Follow your heart, stay focused, seek out new opportunities to grow professionally, and impact your community! Never say no to an opportunity because you do have the strength and passion! You are representing Aultman College and you are the future of nursing and radiography! Best wishes on your professional journey!"



Ohio Society of Radiologic Technologists





Student Organization Spotlight

Men in Nursing Association

The Men in Nursing Association provides mentorship and networking opportunities for male nursing students. The association meets at times and locations convenient for its membership. Past activities have included wing night at BW3s and attending a Cleveland Indians game. Subjects of discussion include career choices, employment opportunities, adjusting to the classroom environment, and challenges and benefits of being a male nurse. For more information, contact the Student Life coordinator.

Faculty Advisor: Jo Ann Donnenwirth
President: Thomas Piper

CPR Announcement

Meeting and Maintaining Your CPR Certification Requirement is as Easy as 1, 2, 3

Each student in an Aultman College program (ASN, ASR or BSN Completion) is required to be cardiopulmonary resuscitation [CPR] certified with the American Heart Association's Healthcare Provider certification.

1. Monthly notifications are sent out to continuing students with CPR cards expiring within 90, days and reminder notices are sent as needed until the requirement is fulfilled.
2. Students sign up for the American Heart Association's Healthcare Provider certification course. This course is available through ACCE, or it is also acceptable to complete the course at another facility as long as it is the American Heart Association's Healthcare Provider certification course.



Visit the following website for the most current dates and times and to sign up for a course through ACCE: <http://www.aultmancollege.edu/CommunityEducation/ACCECourse/CommCPR.aspx>.

Special Note: The American Heart Association has 30 days to issue CPR cards following course attendance. Please plan to renew your certification in plenty of time to receive, sign and submit a copy of your new CPR card to Aultman College prior to the expiration date in order to remain compliant and continue attending clinical rotations, lectures and/or labs.

3. Submit a signed copy of your CPR card to the appropriate individual via email or traditional mail; or you may leave a copy with the front desk attendant labeled as follows: ASN – Kathleen Silver; ASR – Rachel Lam; BSN Completion – Jenn Loretto.

Aultman College is pleased to announce multiple admission tracks for the BSN Completion Program. Current students and recent graduates may easily transition into the completion program.

Applicants may enter and progress through the BSN Completion Program under one of the following pathways:

1. Post-licensure Aultman College ASN graduate applicants will have all general education prerequisite coursework completed and may start the BSN Completion coursework immediately upon acceptance to the program.
2. Post-licensure Aultman Hospital School of Nursing diploma graduates can be admitted to the BSN Completion Program but will be required to complete all general education prerequisite coursework as specified for progression through the program.
3. Post-licensure nursing graduates with a diploma or associate degree from another institution can be admitted to the BSN Completion Program but will be required to complete all general education prerequisite coursework as specified for progression through the program.
4. Pre-licensure nursing graduates can be admitted to the BSN Completion Program but will be required to pass the NCLEX-RN as specified for progression through the program.
5. Pre-licensure current nursing students can be admitted to the BSN Completion Program but will be required to complete all pre-licensure requirements as specified for progression through the program.

Applicants who have not passed the NCLEX-RN Licensure Exam may be accepted and permitted to enroll. The requirements for enrollment include:

1. Graduated from a regionally accredited nursing program with a certificate, diploma or associate degree in nursing or have a diploma or associate degree in nursing from Aultman College/Aultman Hospital School of Nursing.
2. A completed program application and paid application fee. The application fee will be waived for any applicant providing proof of military service.
3. Students have two consecutive semesters from the first day of enrollment to pass the NCLEX-RN Licensure Exam.
4. Students may register only for general education courses until becoming a licensed registered nurse.
5. Students who do not pass the NCLEX-RN Licensure Exam in the stated time frame will become inactive and must reapply to the program after passing the exam. See College Inactive Policy for time constraints.

Applicants who are current Aultman College ASN students may be accepted and permitted to enroll in BSN general education courses. The requirements for enrollment include:

1. A completed program application and paid application fee. The application fee will be waived for any applicant providing proof of military service.
2. Students must have an entering cumulative GPA of 3.0 or better.
3. Students must remain in good academic standing in both programs. Students who are on probation or have been dismissed from the ASN program are not permitted to continue enrollment in the BSN coursework.
4. The cost per credit hour will be driven by the ASN program, as the primary program.
5. Upon graduation from the ASN program, students should refer to sections B, C and D above for continued enrollment options.



News You Can Use!

I WILL CHECK THE *WISELINE*.
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Checking the *WiseLine* student portal on a daily basis is one of your important responsibilities as an Aultman College student. The portal is the first place current news or information about the college is posted and includes up-to-date messages about registration, scholarships and student life events. The portal also allows you to check assignment grades, messages and updates from your instructor as soon as they are posted. Regular review of the portal allows you to be knowledgeable about your status and is a critical part of being an informed Aultman College student.



FAFSA **Time to Apply**

Now is the time to complete the Free Application for Federal Student Aid (FAFSA). Remember, the FAFSA must be completed each academic year in order to remain eligible for financial aid. The academic year at Aultman College is defined as summer, fall and spring semesters. Before beginning the FAFSA process, you must have a Personal Identification Number (PIN). You can apply for a PIN or have an existing PIN re-sent at www.pin.ed.gov. To complete your FAFSA, visit www.fafsa.ed.gov. For faster processing, use the IRS Data Retrieval Tool when completing the FAFSA online. FAFSA provides instructions to link to the IRS while completing the FAFSA.



News You Can Use!

AgileGrad Update

Aultman College will soon be launching an exciting new online tool to assist students with progression planning. It will also help the college staff with creating course offerings and schedules. AgileGrad will allow students to map out their progression at Aultman College, understand how schedule changes will impact progression and indicate the preferred times for classes. The program will provide the Office of the Registrar the number of students requesting classes each semester, as well as the preferred time for the classes.

All students who do not plan to graduate in summer or fall of 2014 will be required to create a progression plan in AgileGrad before advising week for the spring 2015 semester (Oct. 13-17, 2014). Students who do not complete the plan will be blocked from registration. Beginning in June, students will be able to make appointments with office of registrar representatives to create their plans in AgileGrad. The specific days/times to of these training sessions will be communicated via email and *WiseLine* student portal posting, so stay tuned!

AgileGrad

Your student planning tool to help you stay on the path to graduation.

Show, Tell, & Build-it-Yourself Sessions

- Find out exactly what classes you need to prepare for your major and when they are offered
- Build your own degree plan with just a couple of clicks

<p>Questions: Entry & Advising 360-382-3080</p>	<table style="border: 1px solid black; padding: 5px;"> <tr> <td style="padding: 2px 10px;">March 7th</td> <td style="padding: 2px 10px;">1:30pm</td> </tr> <tr> <td style="padding: 2px 10px;">March 14th</td> <td style="padding: 2px 10px;">1:30pm</td> </tr> <tr> <td style="padding: 2px 10px;">March 21st</td> <td style="padding: 2px 10px;">1:30pm</td> </tr> <tr> <td style="padding: 2px 10px;">LDC 211</td> <td></td> </tr> </table>	March 7th	1:30pm	March 14th	1:30pm	March 21st	1:30pm	LDC 211	
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Online CPR Option with Skills Check-off

If you are unable to attend one of our regular CPR courses, check out the convenience of taking your CPR for Healthcare Providers course online through the AHA. Then stop by the college for a 15-minute skills check-off!

Price: \$22 (for the online course), \$15 for the skills-check fee. To register for any ACCE courses, please visit www.aultmancollege.edu/acce.



JOIN AULLY'S NEST FACEBOOK PAGE AND WIN!

Aully's Nest now has a Facebook page! Be sure to LIKE it for special deals and contests! February's contest winner was Rachael Mason!



Campus Happenings

Bulletin Boards

Did you notice the bulletin board in the main hallway? Stop by and check it out each month as we update it with a new topic!



Get Involved Social

Student Life held a Get Involved Social Tuesday, Feb. 25 at Quaker Steak and Lube. Students had the opportunity to come and learn about the different student organizations and about Student Life while getting to network with fellow students.



Campus Happenings

Hundred for Homeless

The BSN Completion students have committed to provide the basic necessity of a blanket to individuals who find themselves without a home. The “A Hundred for the Homeless” project will distribute handmade fleece blankets to two entities in Stark County: the YWCA of Canton that provides emergency shelter and transitional housing to women and children and the Refuge of Hope that provides emergency shelter to adult men.



Nutrition Poster Contest Winners

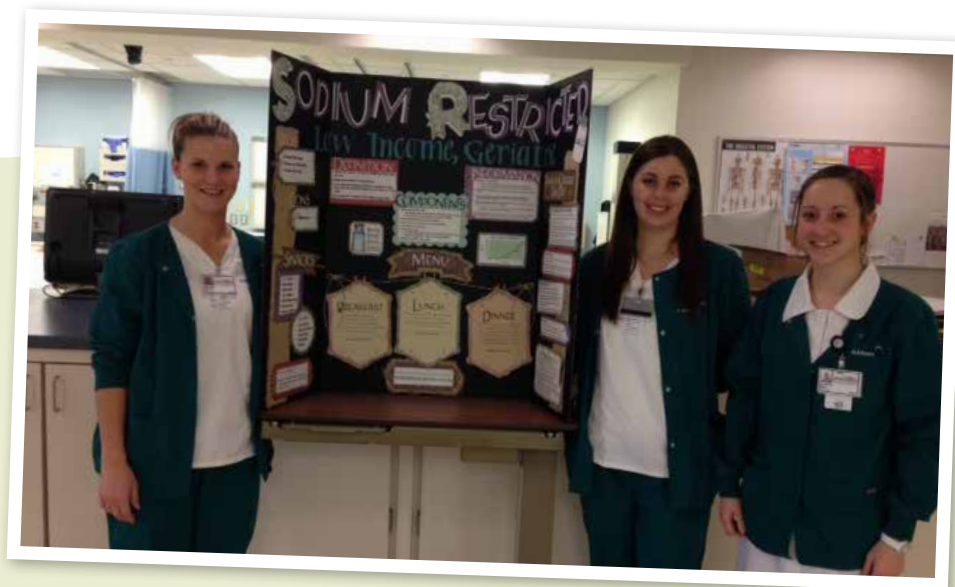
Posters on principles of nutrition and nutrition management and adaptation to various cultures created last semester by students in NRS 101 Foundations I course were displayed outside the Bettie Sponseller Skills Lab the week of Jan. 27. Specific diet topics and how they are related to various cultures featured were:

Monday: Clear, full and soft and the Asian culture.

Wednesday: Diabetic and sodium-restricted and the Native American Indian and the low-income, geriatric cultures.

Thursday: Low cholesterol and gluten-free and African-American and European-American cultures.

Students, faculty and staff were able to vote each day on a winning poster for each category grouping. The category grouping winners were displayed on Friday with voting for a grand prize winner. The winners were Ashley Mitchell, Jessica Dawson and Lorene Miller.



Sexual Assault/Domestic Violence

By: Christine Barcus RN, MSN, CEN, FNE

Domestic violence and abuse can happen to anyone; yet the problem is often overlooked, excused or denied. The Red Flag Campaign is a public awareness campaign designed to address dating violence and promote the prevention of dating violence on college campuses. The campaign was created using a “bystander intervention” strategy, encouraging friends and other campus community members to “say something” when they see warning signs (“red flags”). Research indicates that in 21 percent of college dating relationships, one of the partners is being abused. That’s 1 in 5 relationships. Help your friends by saying something to them about your concerns. Say something! Lend a listening ear, become informed ... know the facts about dating violence, guide your friends to community services, focus on his/her strengths and develop a safety plan for the end of the relationship. Research has shown that violence will escalate in frequency and intensity over time if no action is taken to stop it.

Below are warning signs. These are guidelines and cues to pay attention to:

- Abusing alcohol or other drugs.
- Missing work or school.
- Blaming you for how they treat you or for anything bad that happens.
- Abusing siblings, other family members or pets.
- Putting people down.
- Cheating on you and have lots of partners.
- Being physically rough with you.
- Taking your money.
- Not listening to you or show any interest.
- Giving you the silence treatment.
- Lying to you.
- Telling you how to dress or act.

There are three types of abuse that may happen on college campus: Intimate Partner Violence (IPV), sexual violence and stalking. IPV is defined as physical, sexual or psychological harm by a current or former partner or spouse. This can range from hitting a person to chronic severe battering. IPV is perpetrated by a person’s partner, such as a boyfriend, a spouse, a former intimate partner or other persons known to the victim. Women ages 16-24 experience the highest rates of IPV. Approximately 32 percent of college women experience physical assault in a relationship and 25 percent of American women are victims of IPV in their lifetime.

Sexual violence is defined as any sexual act a person submits to against his or her will due to force, threat of force or coercion. Statistics show that a rape occurs on campus approximately every 21 hours, and 90 percent of all campus rapes occur under the influence of alcohol. The victims know their perpetrators 78 percent of the time. Research has documented that sexual violence is one of the most underreported crimes in the United States.

The third type of abuse on college campus is stalking. Stalking is engaging in a course of conduct directed at a specific person that would cause a reasonable person to fear for his or her safety or the safety of others. This may include monitoring an individual’s phone calls, reading his/her mail, following him/her outside the home or vandalism – breaking into a person’s home and stealing belongings. One of the most prevalent forms of stalking is electronically through a cellular phone, Facebook or Twitter. Social media has enabled stalking to increase.

Each college has policies in place to protect, guide, report, identify and address different types of abuse. Listed below are several ways for students to stay safe on and off campus.

- Trust your instincts. If you feel unsafe in any situation, go with your gut feelings.
- Protect your location on Facebook, Twitter, etc. Think twice before sharing every detail on social media sites.
- Get local. Know safe routes, local destination.
- Keep enough cash on you so you can get a taxi home if needed.
- Stick together. Stay together in groups, and don’t go off alone.
- Keep your guard up. Don’t assume others will look out for your best interest.
- Have your cellphone available for calling and texting. Have a backup plan.
- Drink responsibly; know your limits. Don’t lose sight of your drink. If you do, dispose of it.

If you, or a friend, are victims of domestic violence, remember you are not alone. Please reach out and seek help. There are college and community resources available to assist you.

Sexual Assault Awareness Month

April is Sexual Assault Awareness Month. Aultman College will be providing information on sexual assault as well as bringing awareness to our campus.

The week of March 31- April 4, student were able to decorate a bandana to show your support for those who are or have been victims of sexual assault. The bandanas will be on display the entire month of April in the main hallway. Wednesday, April 23 is Denim Day, an international protest responding to the Italian Supreme Court's overruling of a rape conviction in 1999. Although the assailant had been found guilty at trial, the Supreme Court argued that because jeans are difficult to remove, the assailant couldn't have done so without the victim's help. For more information, visit www.denimdayusa.org. Reminder, you will need to remember the dress code for clinical and lab settings.

Faculty member Christine Barcus will be presenting on sexual assault Thursday, April 17 from 12-1 p.m. in Classroom 4. Bring your lunch and learn about what to do if you are a victim, common types of abuse on college campuses and ways to stay safe.



ANNUAL REQUIREMENTS

In an effort to streamline the annual requirements process, beginning in August 2014, annual requirements will be due Aug. 15 for all continuing students in any Aultman College program (ASN, ASR, and BSN Completion).

Reminder letters will go out the first week of June if you are due to complete your annual requirements. The current costs of annual requirements are as follows: annual background check through Corporate Screening, \$33; annual urine drug screen through AultWorks, \$39; annual one-step TB test through Aultman Employee Health Services, free of charge or through your own health care provider at your own expense (you must provide documentation directly to Health Services). BSN Completion students are also required to submit renewal of their liability insurance coverage.

In order to ensure your annual requirement results are received by Aug. 15, please note it can take up to six weeks to obtain the results of a background check from Corporate Screening, up to one week to receive urine drug screening results from AultWorks and a few days to receive one-step TB testing results from Health Services. As noted in the student planner and handbook, you will be excluded from all courses and clinical experiences – i.e., withdrawn from scheduled courses – if results are not received by the deadline. Any exclusions may affect program progression.

If you have questions regarding annual requirements, please contact Kathleen Silver at 330-363-5352 (ASN students), Rachel Lam at 330-363-1560 (ASR and non-degree seeking students) or Jenn Loretto at 330-363-1186 (BSN Completion Program students). Thank you!



Golden Owl

Student of the Month February



Judith Bolanz

At Aultman College, our goal is to “live our values” every day! The Golden Owl Student of the Month program recognizes students who have gone above and beyond in displaying the values that are the foundation for our institution. Students may be nominated by faculty, staff, hospital employees, patients or other students. The Golden Owl Student of the Month is acknowledged in The Pulse newsletter, on the *WiseLine* and by posters in the hallway kiosks. One of the perks of the award is a reserved, front-row parking space in the Aultman Education Center parking lot. Nomination forms are available on the *WiseLine* or outside the Student Life Office.

Judith has been nominated by a hospital and college staff member for demonstrating the values of Integrity, Caring, Knowledge and Quality.

- “Judith should be commended for her assessment and critical thinking! I am so impressed. I have been a nurse for over 10 years, and I didn’t even think this critically. Wow!”
- Judith recognized that a patient from clinical was receiving the wrong dosage of medicine for her age by assessing the patient and noticing side effects and a change in weight. She made a suggestion with the appropriate dosage using her drug book and reported it to the clinical instructor.

Q & A Learn More About Judith!

What led to your decision to pursue your degree?

Since I have always derived pleasure from helping people, it just made sense to pursue a career where I would be helping people on a daily basis.

Why did you select Aultman College for your education?

Aultman College had a good reputation.

You were nominated based on your demonstration of the Aultman College values of Quality, Integrity, Caring and Knowledge. Why do you feel these characteristics are important for a health sciences student?

In order for a nurse to deliver the best possible patient-centered care, he or she must always strive to demonstrate the values of quality, integrity, caring and knowledge.

Is there any personal information you would like to share in this article?

I want to thank my wonderful husband and children, dad and mom, and best friend. Their love and support are truly immeasurable.

Favorite Food: Lasagna

Favorite TV Show: “Grey’s Anatomy”

Favorite Song: Anything by George Strait

Favorite Book: “Gone with the Wind,” “The Notebook”

Favorite Class (so far): General Chemistry Lab with Janice Cosenza

Best Advice For First-semester Students: Try not to let your mistakes stop you in your tracks. Regard your mistakes as opportunities to learn and grow and keep moving forward.

Golden Owl

Student of the Month March



Nichole Helwig

Nichole has been nominated by a college faculty member for demonstrating the values of Integrity, Caring, Knowledge and Quality.

- “After clinical ended, she noticed a patient calling for help. She went into the room and found the patient with a 70 percent pulse ox and no BiPAP on, so she called for help. By the time I got into the room, Nichole had replaced BiPAP and reconnected oxygen. She stayed with this patient until oxygen saturation returned to normal. She spoke calmly to the patient and explained what was going on. She also reported to the nurse before leaving the floor.”

Q & A Learn More About Nichole!

What led to your decision to pursue your degree?

After graduating from the police academy and an internship at the Stark County Sheriff's Department, I knew that was not the kind of work I wanted to be doing. (Probably should have figured that out before ... but I just chalked it up to another life lesson learned. I have learned quite a few! haha). Then I decided that I needed to start a new journey in nursing. And here I am. :)

Why did you select Aultman College for your education?

I have a “family history” here at Aultman. My grandmother Lillian Hickman graduated from Aultman in 1962, my mother in 2004 and my sister in 2008. So there was really no question where I needed to go.

You were nominated based on your demonstration of the Aultman College values of Quality, Integrity, Caring and Knowledge. Why do you feel these characteristics are important for a health sciences student?

I know that my decisions today in nursing school affect the way I carry out practices in my future career as a nurse. Therefore, there is no question for demonstrating these characteristics daily.

Is there any personal information you would like to share in this article?

My husband is amazingly supportive, and we have three awesome children who make me smile every day! They make this crazy journey a little easier!

Favorite Food: Cajun Chicken Pasta

Favorite TV Show: “Walking Dead” and “Dexter”

Favorite Song: “Fancy” by Reba!!

Favorite Book: I hate reading. ... This was a big adjustment I had to make coming to nursing school! Haha

Favorite Class (so far): Med Surg III, it's where all the “circles” started becoming full ones!! Everything comes together, and you realize how all your classes from Foundations to Med Surg build on each other. Pretty neat!! :)

Best Advice For First-semester Students: DO NOT LISTEN TO OTHER STUDENTS! Make your own judgments, don't let others' downfalls become your own!

Visitor Policy Reminder

Policy:

- A. Visitors who are taking part in organized, scheduled activities or who are enrolled in specific classes are welcome and encouraged to utilize the Aultman College campus.
- B. Visitors who are unsupervised or considered disruptive will be asked to leave the campus immediately. If the visitor is a minor, a parent/guardian will be contacted by college personnel and appropriate measures will be taken.

II. Purpose:

- A. It is the goal of Aultman College to provide a safe and effective learning environment for all students. Aultman College has the responsibility to provide a place of instruction that is conducive to learning and free from distractions. For reasons that include safety, the Health Insurance Portability and Accountability Act (HIPAA), and the assurance of professional, efficient performance of academic pursuits, operations and services, the college cannot routinely accommodate visitors in campus workplaces, classrooms, laboratories, recreation areas, the library and other student study spaces.

III. Definitions:

- A. A visitor is defined as someone who is on campus and is not an employee or a student.
- B. For the purpose of the guidelines listed below, a visitor is someone who is NOT taking part in an organized, scheduled college event.

IV. Procedure:

A. EMPLOYEE GUIDELINES

(The following guidelines apply to bringing visitors of any age to the workplace.)

1. Employees are encouraged to obtain supervisor approval before bringing visitors into the workplace for employee convenience or due to a family emergency.
2. Children are not to be brought to work in lieu of child care.
3. A parent or guardian must provide supervision at all times.
4. Visitors should not be left unattended or with other employees unless they are taking part in an organized, scheduled activity. (Prior approval from supervisor needed.)
5. Visitor should not interfere with workplace activity.

6. Employees with a sick child (ages 4 to 12) can work with the Pediatric Interim Care (PIC) program through Aultman Hospital Human Resources. (See the Aultman Hospital Employee Handbook.)

B. STUDENT GUIDELINES

(The following guidelines apply to visitors accompanying students on campus.)

1. A visitor should not be left unattended while the student is attending class or conducting any other business or attending a social function in campus workplaces, classrooms, laboratories, recreation areas, the library and other student study spaces. Exception: For a short occasional visitation, such as to discuss current coursework in an instructor's office, the student may be accompanied by a visitor, with the approval of the instructor. Prior approval must be obtained or student must reschedule appointment.
2. At no time is a visitor permitted in any clinical area.
3. At no time can a visitor be present while a student is obtaining patient information through Cerner.
4. At no time can a visitor attend a class session without completion of the formal registration process.

C. STUDENT LIFE GUIDELINES

1. Student Life welcomes family members and friends to all college student events/activities.
2. Family members and friends must be accompanied at all times by an enrolled Aultman College student.

D. CONSEQUENCES

1. Employee Violation
Supervisor is notified and appropriate action will be taken based on supervisor's discretion.
2. Student Violation
Vice President of Administrative and Student Affairs is notified of the student conduct violation and will take appropriate action.

V. Approvals:

External Editor Review 2/19/13

Student Affairs Council 2/25/13

Administrative Council 3/18/13

FERPA REMINDERS

Paperwork Guidelines

1. When a student hands paperwork in outside of class time, he/she should:
 - a. Hand the paperwork directly to the instructor OR
 - b. Turn the paperwork in to the drop box (with time/date stamp AND faculty name).
2. Instructors returning paperwork to students – please:
 - a. Return paperwork to students in person OR
 - b. Leave individual assignments in a sealed envelope at the front desk (clearly labeled with student name)
Do not (for any reason) leave assignments for pick up in mailboxes!

Hallway Reminders

1. See a person wandering about? Please ask if he or she needs help to ensure a secure atmosphere! If you encounter any difficulty, please notify Security Services at ext. 36268 from any hospital phone.
2. With a growing pool of employees, please remember it is part of our dress code to wear our badge at all times on campus. Wearing your badge appropriately identifying you as an employee or student is also a requirement of The Joint Commission. Not all of us know each other, and we need to clearly identify ourselves!

Diversity Digest



It is our goal at Aultman College to promote and encourage a culturally diverse and inclusive environment. We strive to be a facility where differences are recognized, accepted, appreciated and celebrated. Each month, the Diversity Digest section of the Pulse will share multicultural concepts and information, understanding that a diverse student body has far-ranging and significant benefits for all students as well as the community at large.

April: Autism Awareness Month

In order to highlight the growing need for concern and awareness about autism, the Autism Society has been celebrating National Autism Awareness Month since the 1970s. The United States recognizes April as a special opportunity to educate the public about autism and issues within the autism community. The Autism Awareness Puzzle Ribbon is the most recognized symbol of the autism community in the world. Autism prevalence is now one in every 88 children in America. Show your support for people with autism by wearing the Autism Awareness Puzzle Ribbon – as a pin on your shirt, a magnet on your car, a badge on your blog, or even your Facebook profile picture – and educate folks on the potential of people with autism!

<http://www.autism-society.org/about-us/national-autism-awareness-month/>

May: Asian-American and Pacific Islander Heritage Month

Each May, our nation comes together to recount the ways Asian-Americans and Pacific Islanders (AAPIs) helped forge our country. We remember a time 171 years ago, when Japanese immigrants first set foot on American shores and opened a path for millions more. We remember 1869, when Chinese workers laid the final ties of the transcontinental railroad after years of back-breaking labor. And we remember Asian-Americans and Pacific Islanders who have made our country bigger and brighter again and again, from Native Hawaiians to the generations of striving immigrants who shaped our history – reaching and sweating and scraping to give their children something more. Their story is the American story, and this month, we honor them all.

<http://www.whitehouse.gov/the-press-office/2013/04/30/presidential-proclamation-asian-american-and-pacific-islander-heritage-m>

Upcoming Student Life Events

2014 Alumni Dinner

May 2014 graduates are invited to the 2014 Alumni Dinner!

Friday, April 25
Skyland Pines – 3550 Columbus Road NE in Canton

5 p.m.: Registration and Cocktails
6 p.m.: Program Begins

Tickets: \$10 for May 2014 grads

Please RSVP to Sheri Storlie by Friday, April 18. Please include your meal choice: vegetarian, steak, scrod or chicken.



SAVE THE DATE!

May 2014 graduates: You are invited to join alumni from Aultman College to celebrate your achievement! Mark your calendar for June 7, 2014, as we welcome you to the alumni association. Your welcome party will be held at TD's Tailgate Grill at 6 p.m. Look forward to visiting with classmates, appetizers, a cash bar, prizes and live entertainment on the patio! Look for more information coming soon!

AULTMAN COLLEGE EATS AT RUBY TUESDAY!

Aultman College held a fundraiser at Ruby Tuesday Feb. 21-23 to raise funds for the 1892 Campaign. Because of your support, we were able to raise \$300 towards student scholarships. Stay tuned for other opportunities coming soon!



Graduation and Pinning Spring 2014 Information

Nursing and Radiography graduation: May 10 at 10 a.m. at R.G. Drage.

Nursing pinning: May 8 at 5 p.m. in Morrow House Auditorium.

Radiography pinning: May 2 at 3 p.m. in the Aultman College classrooms 3 and 4.



Relay for Life Sign-ups

This year's Relay for Life of Massillon will begin Friday, June 20 at 6 p.m. and continue until Saturday, June 21 at 12 p.m. at Massillon Washington High School. This is an excellent opportunity to gain hours for your graduation service learning requirements. In addition, your family and friends are welcome to join you and your team. Please register for the Aultman College team on the American Cancer Society's Relay for Life website at <http://main.acsevents.org/goto/AultmanCollege2014>.

Student Life Coordinator Jen Penso will be available if you have any questions.

Kick Stress Week (April 14-18)

Monday

Happy Tails visiting in the main hallway at 10:30 a.m. and 1:30 p.m.

Tuesday

Make-your-own stress ball all day in the main hallway.

Wednesday

Massages from 9-11 a.m. in the Founder's Room. Sign-up will be outside the Student Life office.

Happy Tails will visit the main hallway at 10:30 a.m.

Thursday

Ice cream social in the main hallway from 1-3 p.m.

Friday

Coffee, tea and granola bars available all day in the main hallway.



NOTE FROM THE PRESIDENT

Every year, our faculty, staff and board of directors participate in a strategic planning process that keeps us focused on our priorities as a health sciences college. How do we determine our priorities? Through feedback from our communities of interest, including our students. How do we hear your voices? Through your participation in the Noel Levitz and our own internal student satisfaction surveys, in town-hall gatherings, in the classroom and clinical settings, in other public forums such as information sessions and one-on-one conversations. We listen, and we act to improve the collegiate experience for all of you.

In 2014, among the strategic priorities are the following that directly impact students:

- Increasing scholarship opportunities—The board’s Advancement Committee is actively pursuing additional funding.
- Adding new academic degree programs—We are seeking approval from the Higher Learning Commission to offer an Associate of Science degree in health sciences with a concentration in health coaching. If HLC approves, the first cohort would begin in fall 2015. We are also developing the curriculum for a “traditional” Bachelor of Science in nursing degree. Assuming approvals from accreditors, the first cohort could begin in fall 2017.
- Expanding hybrid course offerings and other technology applications—We are investing in new and upgraded technology, increased hybrid course offerings and a new college website!
- Ensuring excellence in student support services—We are completing the construction of third-floor science labs and restrooms in 2014 as well as reviewing services in light of your survey responses, Student Senate feedback and information garnered from your conversations with faculty and staff.

We will keep you posted as the 2014 strategic work progresses. In the meantime, please take advantage of your opportunities to be heard. We are looking forward to the results from the most recent Student Satisfaction Survey along with the national Noel Levitz Student Satisfaction Inventory in the fall, these tools allow your voice to be heard.

As always, faculty and staff are available to answer your questions and receive your feedback. Contact us directly if you wish. Stay engaged in our college community, and we will achieve our strategic goals together!

Rebecca Crowl
President

Lyn Sabino
Director, Institutional Effectiveness