



NOV/DEC 2010

## Fall Semester 2010

We're Glad You're Here!

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# Preparing for Finals

Thanksgiving is around the corner and, before you know it, finals will be here. Whether this is your first exposure to college finals, or you're a seasoned pro, now is a good time to prepare yourself physically and mentally for the weeks ahead. We've gathered some of the best finals advice from inside and outside of the College to help you get ready for finals week and walk into your exams with confidence.

**1 Start early.** Map out time over Thanksgiving break to relax, forget about school, and enjoy spending time with your family. But also consider planning time at the end of break to pull out your materials and get yourself organized. This will allow you to hit the ground running.

**2 Mark your exam dates and plan out your study schedule.** Share your schedule with your family, your boss and your roommates so that everyone understands and respects your time commitments over the next few weeks.

**3 Talk to your instructor about any concepts that are giving you trouble.** Ask for advice about outside resources that you may be able to access to further understand the information.

**4 Develop your study plan based on the course syllabus and exams.** The syllabus includes key concepts and course

organization and provides a good way to structure your review of the material. Material important enough to be covered in a mid-semester exam will also likely be on a final. Your performance on earlier exams can tell you what material you merely need to review and what concepts require more attention.

**5 Research study strategies and choose those that work for you.** Take advantage of the LRC tool that tells you what kind of learner you are and adjust your study skills accordingly. Strategies such as creating outlines from research notes or book chapters, making acronyms out of lists of things you need to remember, or putting course content into your favorite rap beat can be very effective at helping your brain learn and retain information.

**6 Don't try to cram a day or two before the test.** Research shows that the human brain learns academic material best by learning in shorter increments of time spread out over a longer period. Consider using the "prepare and review" method, recommended by Cornell University's Learning Strategies Center. Organize the entire course material into 5-6 "chunks". On the first day, allocate a block of time to prepare new material for chunk 1, which means outlining chapters, creating flash cards, completing or creating study guides, etc. The next day, break your study

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period into segments that includes time to “prepare” new materials for chunk 2, and time to “review” your materials for chunk 1. Continue with this pattern, with review time built in each day for each chunk of material. For more information on this strategy, check out the link on the LRC page of the College website.

**7 Take care of your body.** Eat healthy foods and drink lots of water. Try to avoid sugar and caffeine highs

and lows. Plan regular 30 minute walks with a study partner and pick topics you can quiz each other on while you walk. Finally, make time to sleep. An exhausted, sleep-deprived brain will have a much harder time focusing and recalling information than a brain that is well-rested.

**8 Take advantage of the LRC.** Check the LRC windows for finals week hours and tutoring schedules.

# Happy Thanksgiving!



The Aultman College Main Office will be closed from Wednesday, 11/24, at 2 pm until Monday, 11/29, at 7:30 am for the Thanksgiving holiday.



## From Your Student Senate President

*Matt Hizer  
President  
Student Senate*

It's hard to believe we are almost done with our first semester of the 2010-2011 academic year. I'm sure I'm not the only one who feels like the time is flying by. Student Senate met on Nov. 16 & 17. Here is an update on the issues and projects we have going on:

- The Food Drive is going well and wrapped up on Nov 22. We are making plans to drop off the food at the Canton Calvary Mission and are hoping to arrange a tour of their operations in conjunction with the drop-off. Talk to Courtney if you would be interested in participating in this activity.
- Thanks to the generous nature of everyone at Aultman College, Adopt-A-Family mittens have been flying off the tree. Each mitten contained a gift suggestion for one of our Adopt-A-Family members. We will be making more mittens so we can give our adopted family a very happy holiday.
- We are investigating holding a special Student Senate fundraiser to clear out spare and gently used uniforms that are in the College's possession. This will probably occur early in the Spring semester. Stay tuned for more information.
- The College has formed a task force to look at changes that can be made to the Student Portal to make it more user-friendly. Student Senate was asked to provide their feedback and gather feedback from other students. If you have suggestions, please share them with one of your student representatives.
- The Student Senate photo page is included in this newsletter. We will add a few new representatives when the Spring 2011 class joins the college.
- We've learned that Verizon is passing the Aultman discount on to Aultman College students. Show your picture ID to receive a 22% discount on rate plans and equipment.

*I wish all of you a safe and happy Thanksgiving!*

# News You Can Use!

## Flu Vaccines For Students

Winter is almost upon us and that means flu season. Aultman College is offering free flu shots for all students. Stop by the Health Services office in the Hospital's Human Resources department between 7:30am – 4:30 pm Mon – Fri. The Health Services nurses are excellent at making this a painless experience! Protect yourself, your family and everyone you come in contact with during your day.

## Kick Stress Week Nov 29-Dec 3

Student Life will be sponsoring "Kick Stress Week" Nov 29-Dec 3 to help students celebrate the end of Fall 2010 classes and get ready for finals the following week. Stop by the table outside of the Student Life Office for treats, such as suckers, fruit and granola bars, along with words of wisdom and study tips. On Thursday, there will be a raffle for a Kick Stress Week prize!

## Spring 2011 Graduation Applications Due Nov 24, 2010

Spring 2011 graduation candidates: Remember to submit your graduation application by Nov 24, 2010. As a reminder, the College Office closes at 2:00pm that day for the Thanksgiving holiday.



## Even More Incentive To Kick The Habit

Aultman Hospital will soon be joining other health systems in the area in taking a stronger stand against tobacco use. Effective Jan 1, 2011, Aultman employees will be prohibited from using tobacco products during the course of their work shifts or at any time on Aultman property. In addition, Aultman will no longer hire people who use tobacco. The hiring policy is in line with many other local health care organizations, including Cleveland Clinic, Akron Children's Hospital, and Akron General Health System. "The reality is that smoking is the leading cause of preventable death and disease in our country," said Jeannine Shambaugh, chief internal affairs officer for Aultman College. "Health care organizations across the country feel they are driven by their missions to reduce tobacco use. Graduates who smoke may find they have a more difficult time getting hired than those who don't."

The College is investigating if the policy change in the Hospital will require any policy changes at the College. In the meantime, students who wish to quit using tobacco are encouraged to get help from trained, experienced cessation experts by contacting the Ohio Tobacco Quit Line at 1-800-QUIT-NOW.

## Transfer Credit Deadline for 1st Semester Students: Dec 10

There is an important deadline fast approaching! Transfer credit files for current 1st semester students will be closed and final effective December 10, 2010. This means for current 1st semester students:

- Outstanding transcripts to be considered for possible transfer credit must be received in the college office ON or BEFORE Dec 10 2010.
- CLEP exams must be taken ON or BEFORE DEC 10, 2010 in order for a score to be considered for transfer credit.
- *If a student turns in a transcript or takes a CLEP exam on Dec 11 or later, that information will NOT be considered for transfer credit.*

Transfer credit equivalencies (including CLEP exams) can be found on the ACNHS website (Registrar->Transfer Credit -> Transfer Credit Equivalencies).

## Become A Student Mentor

Fresh faces will soon be gracing the halls of Aultman College as more than 70 students begin their health sciences education in the Spring 2011 semester. These students could use your guidance and strategies for success! The Student Mentor Program connects new students with upperclassmen to build lasting relationships. Mentoring is easy and flexible and can be done via email, phone, text or Facebook. To sign up to be a Mentor or to get a Mentor, stop by to see Courtney in the Student Life Office or email her at [chalter@aultman.com](mailto:chalter@aultman.com).

# Corey Bukovitz Wins Nursing Student of the Year at ONSA Convention

Congratulations Corey Bukovitz, who was presented with the Ohio Nursing Students' Association (ONSA) Student of the Year Award at the 2010 ONSA Convention in late October. Corey was nominated by Brittany Fehlman, former chapter advisor of the Aultman College Student Nurse Association (ACSNA). Corey joined ACSNA (the college's chapter of ONSA) last Fall and has been an active participant since then. He and past-president Katie Denslow successfully appealed to the Aultman College Alumni Association to fund students to attend last year's ONSA convention, resulting in an increase in Aultman College students at the convention. He was instrumental in recruiting students to attend the convention and become part of the two Aultman College teams that participated in the convention's Brain Bowl competition. He was the "team captain" of the "boys" team and demonstrated sportsmanship and class while leading his team to victory by knocking off the defending champions.

After his experience with the 2009 convention, Corey returned to Aultman College with a renewed passion for ACSNA, encouraging more students to become involved and to attend this year's convention. In her nomination letter, Brittany stated: "Over the last year, I have seen a true transformation in (Corey's) personal confidence, leadership and organizational styles as a direct result of his

involvement with ACSNA/ONSA/NSNA early in his academic career and attendance during the 2009 convention... His experience as a football coach has shown through as he has coached Aultman College students to prepare for the 2010 Brain Bowl and attend the ONSA convention. Upon his graduation in December, I am confident he will excel in his nursing career. I believe he deserves the honor of Nursing Student of the Year 2010."

Corey competed against nominees from 10 other Ohio colleges. On hand to congratulate him were Student Affairs Coordinator Courtney Halter and the other 10 Aultman College students who attended this year's convention.





## ONSA Convention Recap

Eleven Aultman College students attended the Ohio Nursing Students' Association (ONSA) convention in Cleveland, compliments of the Aultman College Alumni Association. ONSA is the state chapter of the National Student Nurses' Association and the parent chapter of the Aultman College Student Nurse Association (ACSNA). All members of the ACSNA are eligible to attend the convention.

One of the convention highlights is the annual Brain Bowl competition. Brain Bowl consists of five rounds of 10 questions modeled after those from the NCLEX-RN licensure exam. Three Aultman College teams participated in the 2010 Brain Bowl Competition. Team members included: Ashley Mace, Corey Bukovitz, Mike Shimp, Jesse Cecil, Kristen Colaner, Amy Foltz, Brittany Globeck, Megan Bishop, Lauren Hohman, Cathleen Young and Shauna Laney.

Teams 1 and 2 were knocked out of the competition early on, but team 3, made up of third semester students, held on until the second to last round. They were knocked out in a double tie



breaker elimination and, in the end, Ursuline College walked away with this year's championship trophy. "All of the Aultman College teams competed fairly and did a great job," said Courtney. "They represented us well."

The convention also included a bowling party, exhibits, workshop presentations and an NCLEX review session. Congratulations to all students for their participation and interest in becoming part of a professional nursing organization.



*Brain Bowl Team 1:  
Jesse Cecil, Ashley Mace, Corey  
Bukovitz, Mike Shimp*



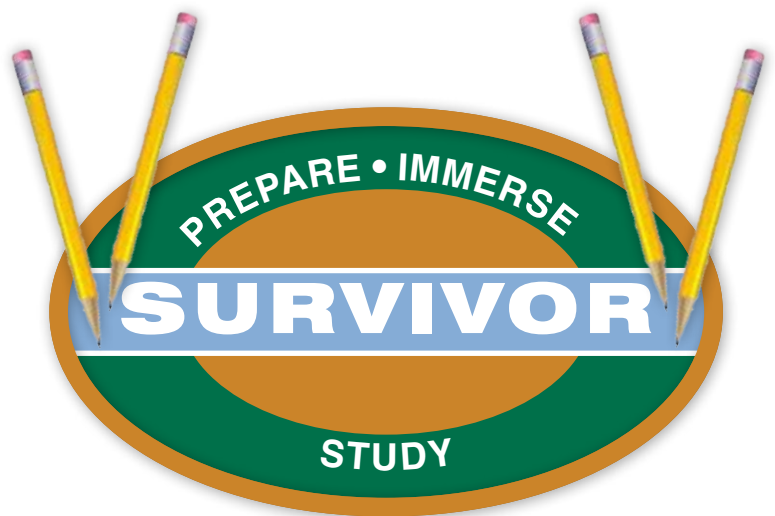
*Brain Bowl Team 2:  
Megan Bishop, Brittany Globeck,  
Kristen Colaner, Amy Foltz*



*Brain Bowl Team 3:  
Shauna Laney, Cathleen Young, Lauren Hohman*

# NCLEX-RN PREP TRAINING CAMP

**DO  
YOU  
HAVE WHAT  
IT TAKES?**



**Jan 3-21, 2011 (Weekdays only)  
8:30 am - 12:30 pm  
Classrooms 3 & 4**

Effective April 2010, the NCSBN\* raised the passing standard for the NCLEX –RN PREP exam. That means intensive preparation is more important than ever. The NCLEX-RN Training Camp provides you with the structure, materials and discipline to prepare for the exam in an organized manner so you can walk into the test with confidence.

#### **Camp Structure:**

- Introductory presentation on test-taking strategies
- 5000 Questions based on the 2010 NCLEX-RN Test Plan
- Take practice tests each morning covering all NCLEX tested categories
- Self-review of answers with rationale to help you determine areas of weakness for further study
- Self-directed afternoon/evening study based on practice test results

This is not an instruction-oriented course and it is not taught by a nursing instructor. It is a test preparation course designed to provide you with the practice materials and environment to immerse yourself in NCLEX-RN preparation.

Instructor: Verne Avery, BS, MS, MA, EdD

Cost: \$245 for Aultman College graduates

(\$100 non-refundable deposit due on 12/15/2010)

Register through Aultman College Community Education  
at [www.aultmancollege.edu](http://www.aultmancollege.edu) or by calling 330-363-6776.

This course is open to any nursing graduate in Ohio preparing for the NCLEX-RN exam. Tell your friends!

*\*National Council of State Boards of Nursing*

# Golden Owl



## Student of the Month November/December

Jennifer  
Coy



The Golden Owl Student of the Month recognition program recognizes student accomplishments in academics, clinical settings, patient care, service learning and effort. Students may be nominated by faculty, staff, hospital employees, patients or other students. The Golden Owl Student of the Month is acknowledged in The Pulse newsletter, on the Student Portal and by posters in the hallway kiosks. One of the perks of the award is a reserved, front-row parking space in the Aultman Education Center parking lot. Nomination forms are available on the Student Portal.

Jennifer is in her last semester here at Aultman College. She was nominated by several of her fellow classmates for being a very dedicated and inspiring leader to the entire student body. She is known to go out of her way to help others succeed in their courses and has advocated with faculty at Aultman College and Walsh University on behalf of her fellow students. Jennifer is known as a natural leader when it comes to group work and frequently helps other students with papers and Powerpoint presentations. One student states, "Jen is a very caring individual and puts other's needs before her own." Her willingness to help other students, regardless of her own workload, illustrates her generosity.

Congratulations, Jennifer!

### Q & A

#### Learn More About Jennifer!

*What led to your decision to pursue your Associate's degree in Nursing?*

"I have always wanted to be a nurse. My mom, who used to be an EMT, inspired me at a young age. I'm not the typical "right out of high school" college student. I worked full-time at a veterinary hospital then decided I wanted more for myself. I think being a nurse is something to be proud of and I wanted to make a difference."

*Why did you select Aultman College for your education?*

"I think I chose Aultman for a lot of reasons. I heard through family members that it was a good program. I also liked that it was an Associate's program because that meant I could become a nurse faster and be working as a nurse while pursuing my Bachelor's degree."

*What characteristics do you feel are important to be a successful nursing student?*

"I think nursing school is a lot different than pursuing a lot of other degrees. I feel like as a student I have really dedicated myself from the moment I wake up until the moment I go to bed every day to nursing. If you are lazy even for one day, you will fall behind. I also think that you have to love working with people. Some days it takes a lot of patience and a lot of compassion to do what we do. I also think that you need to be the type of person to help pick up other students when they are down. You also need to be willing to admit when you are having difficulty in a specific area and ask for help."

*Is there any information you would like to share about your hobbies or family?*

"I have the most awesome and supportive family ever. My boyfriend's name is Brad, we've been together for 6 years. We have a St. Bernard named Lacey and a Min Pin named Harley. As far as hobbies...Brad and I have been pretty busy remodeling our family room after Lacey, the St. Bernard, tried to eat it. I would like to say thank you to Katy and Jaclyn for everything you have done for me throughout nursing school. I couldn't have done this without the two of you."

**Favorite Food:** Any kind of Mexican

**Favorite TV Show:** Grey's Anatomy

**Favorite Book:** not Smeltzer...haha!

**Favorite Way to Spend Your Free Time:** Free time? What's that?

**Favorite Class (so far):** NRS 250...because I'm finally starting to feel like a nurse!!

**Best Advice For First Semester Students:** My advice to first semester students is that they form a study group right off the bat. Don't be shy. Ask for people's phone numbers. These people will become your family. Take every opportunity out of school, practice in the Skill's Lab as much as you can. It will go so fast!!!!



# Diversity Digest



It is our goal at Aultman College to promote and encourage a culturally diverse and inclusive environment. We strive to be a facility where differences are recognized, accepted, appreciated and celebrated. Each month, the Diversity Digest section of the Pulse will share multicultural concepts and information, understanding that a diverse student body has far-ranging and significant benefits for all students, as well as the community at large.

## December 1: World AIDS Day

Started on 1st December 1988, World AIDS Day is about raising money, increasing awareness, fighting prejudice and improving education. The World AIDS Day theme for 2010 is '*Universal Access and Human Rights*'. World AIDS Day is important in reminding people that HIV has not gone away, and that there are many things still to be done.

According to UNAIDS estimates, there are now 33.4 million people living with HIV, including 2.1 million children. During 2008 some 2.7 million people became newly infected with the virus and an estimated 2 million people died from AIDS. Around half of all people who become infected with HIV do so before they are 25 and are killed by AIDS before they are 35.

The vast majority of people with HIV and AIDS live in lower- and middle-income countries. But HIV today is a threat to men, women and children on all continents around the world. There are currently more than one million people living with HIV and AIDS in America and around a fifth of these are unaware of their infection, posing a high risk of onward transmission. In July, the US launched its National HIV/AIDS Strategy. The Strategy includes three core aims: reducing new HIV infections, increasing access to care and improving health outcomes for people living with HIV, and reducing HIV-related disparities and health inequities. For more information on AIDS in the U.S. and World AIDS Day events, visit <http://www.aids.gov/world-aids-day/>.



## Graduation News



**December 2010 Graduation**  
**December 18, 2010**  
**2:00 pm**  
**R.G. Drage Career**  
**Technical Center**

The big day will be here soon! Graduating students may pick up their graduation packets, invitations and tickets, caps and gowns in the main office Mon – Fri, from 8:30 am – 4:00 pm. Graduates should arrive at graduation by 1:00 pm. Doors will open for guests at 1:15 pm. Seating is available on a first-come basis.

### **Pinning Ceremony** **10 am**

The Pinning Celebration for December 2010 graduates will be held Saturday, Dec 18 from 10 am until noon in Morrow House. Graduating students and their guests will enjoy a continental brunch prior to the ceremony. The program includes the presentation of the Division of Nursing Valedictorian. Graduating students are invited to participate in the event free of charge, and may obtain up to three additional tickets from the College office.



## Celebrating A Culture of Caring

**T**hird semester student Stephanie Strader and two Aultman College Alumni Association members received the Aultman Health Foundation Points of Caring award at a special ceremony held on Oct 18 at Kent Stark Professional Education Center. More than 300 family and staff attended the event, which honors the exceptional care provided by the bedside nurses at Aultman Health Foundation. Criteria for the award include caring and compassion towards patients, commitment to the nursing profession, clinical expertise, and community involvement. Stephanie was nominated by Aultman College faculty member Mary Cook for the compassion and patient advocacy she displayed when preparing for and taking part in a clinical that involved caring for a post-op patient who was deaf. The night before her clinical, Stephanie learned several phrases in sign language to help her communicate with her patient. "The patient was impressed and felt a connection to the student from the beginning of the shift," wrote Mrs. Cook in her nomination. While caring for the patient, Stephanie intervened on his behalf to track down his eyeglasses, which came up missing following the surgery. Through persistence, Stephanie located and retrieved the glasses, which had been misplaced on another nursing unit. "The patient was extremely grateful and appreciated all that she had done for him," wrote Mrs. Cook. "Stephanie truly demonstrated both caring and compassion as she served as a patient advocate and responded to the needs of her patient. She also exemplified some of the issues addressed in our Culture of Safety sessions related to having the courage to challenge and making sure the patient is included in our team." Aultman alumni who were also honored for representing nursing excellence were Linda Brunk, RN-BC ('81) and Adene Keller, RN, ACLC, CVN I ('86). Congratulations to Stephanie, Linda and Adene for making Aultman College proud!



*Stephanie Strader (front row, 2nd from left) poses with Aultman nursing administrators and other Points of Caring winners, including Linda Brunk ('81) (top row, far right) and Adene Keller ('86) (bottom row, middle).*



**There's Still Time  
30% off all logo wear!**

(Uniforms not included)

Sale runs through 11/24



**Do you tweet?**

Aultman College is on Twitter.

Follow us at @AultmanCollege for updates on Student Life activities, academic calendar reminders and all things Aultman College!

Congratulations to everyone who participated in the 1892 Annual Campaign Phone-a-thon. Callers raised \$10,070 from 175 pledges from Aultman College Alumni Association members. Students who assisted were Brittany Douglas, Layla Miller, Michelle Clapper, Jessica Smith, Stephanie Nussbaum (2 nights), Valerie Bontrager, Maleri Schaer, Nicole McIntruff, Lisa Derita, Morgan Rastetter, Danielle Rollins, Kaylee Walpole; along with many staff and faculty. Special thanks to Jo Ann Weinland, assistant professor, who called all 3 nights, and "urged" her students to participate!



# Financial Aid **News**

Aultman College is working hard to develop and identify scholarship opportunities for students. Links to the scholarships listed below and others can be found on the Student Portal and College website. Please pay close attention to scholarship criteria, application requirements and deadlines. Remember, you can't get a scholarship if you don't apply!

## **Aultman College Scholarship Opportunities** **Application Deadline: Dec 13, 2010**

Now is the time to apply for Aultman College endowed and gifted scholarships. To apply, download the scholarship application form from the student portal or aultmancollege.org website. Please fill in the form in its entirety. Return the scholarship application form, along with a one page essay and all additional required documentation to:

**Aultman College of Nursing and Health Sciences**  
**2600 Sixth St SW**  
**Canton OH 44710**  
**Attn: Jennie Carlson, Financial Aid Administrator**

### **1892 Scholarship**

- Award amount \$1000 (2)
- Minimum high school or college GPA (whichever is most recent) of 3.0
- Minimum 25 ACT (or equivalent SAT and Asset score)
- Part-time or greater student scheduled a minimum 6 credit hours
- Incoming Aultman College fall or spring freshman
- Submit a one page essay as designated on the application form

<b>CRITERIA</b> <b>GPA = 3.0 or &gt;</b>		
ACT Score	ASSET Equivalent	SAT Equivalent
25 or >	45 or >	1140 or >

### **Alice Ott Memorial Scholarship**

- Award amount \$2500 (1)
- Minimum Aultman College GPA of 2.5 or better
- Demonstrate a desire and potential for success in a career in oncology nursing
- Full time student taking a minimum of 12 credit hours
- Second level student
- Aultman student in good academic standing
- Demonstrate financial need
- Submit a one page essay as indicated on application form

### **Bettie Sponseller Memorial Scholarship**

- Award amount \$1000 (1)
- Full time student at Aultman College
- Aultman student in good academic standing
- Demonstrate financial need
- Submit a one page essay as indicated on application form

### **David and Debbie Thiel Family Scholarship**

- Award amount \$500 (1)
- Full time student at Aultman College
- Aultman student in good academic standing
- Demonstrate financial need
- Submit a one page essay as indicated on application form

### **Dianne J. Gibbs Geriatric Scholarship**

- Award Amount \$500 (2)
- Second level Aultman College nursing student
- Submit two professional letters of reference supporting interest in the care or issues of concern for the geriatric population
- Demonstrate a desire and potential for success in a career in geriatric nursing
- Good academic standing
- Submit a one page essay as designated on the application form which includes the following:
  - How this would assist in making a difference for the geriatric population
  - Personal perspective on the care of the geriatric patient/community
  - Future plans/goals for practicing in an environment that includes the geriatric population

## **Eileen Welker Williams Scholarship**

- Award amount \$500 (1)
- Minimum GPA of 2.5
- Completion of 9 credit hours of program coursework
- Aultman student in good academic standing
- Demonstrate financial need
- Submit a one page essay as indicated on application form

## **Ella Mae Kuecher Memorial Scholarship**

- Award amount \$500 (4)
- Full time student at Aultman College
- Recipient must be in the top 1/3 of his or her HS graduating class
- Minimum GPA of 3.0
- Aultman student in good academic standing
- Demonstrate financial need
- Submit a one page essay as indicated on application form

## **Helen Rajkovich Memorial Scholarship**

- Award amount \$500 (2)
- Minimum GPA of 3.0
- U.S. Citizen
- Aultman student in good academic standing
- Demonstrate financial need
- Submit a one page essay as indicated on application form

## **Mary Roden Memorial Scholarship**

- Award amount \$3000 (4)
- Full time student at Aultman College
- Minimum GPA of 3.0
- Demonstrate a desire and potential for a career in nursing
- Aultman student in good academic standing
- Demonstrate financial need
- Submit a one page essay as indicated on application form

## **Suzanne Spahr-Dudley Scholarship**

- Award amount \$1500 (1)
- Half time student at Aultman College taking a minimum of 6 credit hours
- Minimum GPA of 3.0
- Completion of 6 credit hours of program coursework
- Aultman student in good academic standing
- Submit a one page essay as indicated on application form

## **Other Scholarship Opportunities**

### **USA Funds Access to Education Scholarship \$1,500, non-renewable Application Period: Dec 15, 2010 – Feb 15, 2011**

USA Funds will award \$1,500 scholarships to students with economic need through USA Funds Access to Education Scholarships. These scholarships are available to students with an annual adjusted family income of \$35,000 or less. Up to 50 percent of the scholarship awards are targeted to applicants who are members of an ethnic-minority group or have a documented physical disability. Scholarships will be awarded based on past academic performance and future potential, leadership and participation in school and community activities, work experience, career and educational aspirations and goals, and unusual personal or family circumstances. Applications may be submitted online beginning Dec 15 and further details can be found at <http://www.usafunds.org/scholarship>.

### **Soroptimist International of Canton/Stark County Award levels from \$550 to \$10,000 Deadline: Dec 15, 2010**

The Soroptimist Women's Opportunity Awards give women the resources they need to improve their education, skills, and employment prospects. Eligible applicants must be women who provide the primary financial support for their families, and who are enrolled in or have been accepted to a vocational/ skills training program or an undergraduate degree program. Each year, Soroptimist clubs in 19 countries and territories assist women in overcoming personal difficulties and bettering their lives through education and skills training. The women may use the cash award to offset any costs associated with their efforts to attain higher education, including books, childcare and transportation.

For more information, visit [www.bestforwomencanton.org](http://www.bestforwomencanton.org). The application can be filled out online and must be accompanied by two letters of reference.



# Mrs. Allen Takes To The Skies

*“I got really sick, but it was awesome and I’d do it again in a minute.”*

These are the words nursing instructor Betty Allen used to describe the day she spent at the Youngstown Air Reserve Station at the invitation of third-semester student Cathleen Young. Cathleen is a Technical Sergeant in the 910th Airlift Wing of the U.S. Air Force. To recognize civilian employers for aiding the Air Force’s mission, the base held Employer Awareness Day on Aug 8, 2010. “The 910th Public Affairs office runs and organizes the day,” said Cathleen. “I went to them and explained that I currently have no civilian employment, but I had an instructor that supported me in the mission like an employer does.”

The day began with an introduction to the 910th division, including a video explaining their missions in the US and around the world, as well as a tour of the base. The visitors were then taken to an empty field where they witnessed demonstrations of the unit in action, including a firehouse scenario and a terrorist weapon detonation exercise.

Then the group took to the sky in a C-130, an enormous cargo carrier. “We flew over Niagara Falls, which was so amazing,” said Mrs. Allen. “My stomach couldn’t handle it and I ended up throwing up in the airsick bag, but I didn’t even care. It was just so exciting. I took tons of photos.”

Following the flight, the visitors prepared and dined on MREs (Meals Ready to Eat), which are utilized by the soldiers on active missions.

Cathleen invited Mrs. Allen as a way to thank her for her flexibility regarding Cathleen’s military duties. “I had to occasionally miss class because I was on military orders and Mrs. Allen worked with my schedule. She was always more than happy to help me be successful as a nursing student and airman,” said Cathleen. “I appreciated her coming out to the base to support me and my military career. Not many people would give up their time and drive more than an hour to see what I do.”



*Mrs. Allen enjoys the view from the cockpit of the C-130 cargo carrier.*

Mrs. Allen describes the day as a once-in-a-lifetime experience. “I believe what our service men and women do for our country is amazing and, as educators, we need to support that. I was so honored that Cathleen asked me to be part of this. She is a hard-working and dedicated student who just happens to have this really cool, unique and awesome career on the side. I truly admire her.”



*Cathleen Young and Mrs. Allen at the Youngstown Air Reserve Station.*

*Photos from Mrs. Allen's day with the 910th Airlift Wing...*





# STUDENT SENATE 2010-2011



**AULTMAN**College  
OF NURSING AND HEALTH SCIENCES



*Matt Hizer  
President*



*Sierra Cottle  
Vice President*



*Brittany Toot  
Secretary*



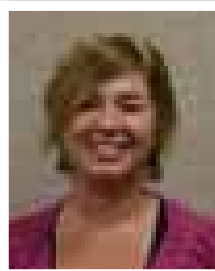
*Kaysie Mercer  
Secretary*



*Layla Miller  
Treasurer*



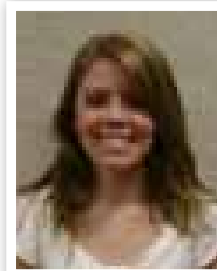
*Cathleen Young  
Student Affairs Rep*



*Maegan Czatt Cummings  
Student Affairs Rep*



*Mike Shimp  
Faculty Affairs Rep*



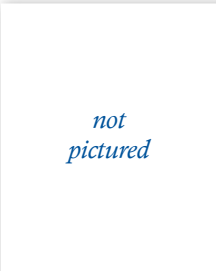
*Carman Snyder  
Faculty Affairs Rep*



*Megan Bishop*



*Corey Bukovitz*



*Beth Brothers*



*Kristin Colaner*



*Brittany Douglas*



*Amy Foltz*



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**Checks Payable to:** Aultman College of Nursing and Health Sciences

 <b>ACNHS STUDENT LIFE CALENDAR NOVEMBER-DECEMBER 2010</b> 						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sign up to volunteer for New Student Orientation on Nov. 12, Nov. 19, and Dec. 10 outside the Student Life Office!	<b>November 1</b>  ACSNA Meeting 4:30pm	2 Death and Dying Lunch & Learn 11:30a-12:30p Classroom 1	3  Sign up for ID Theft Lunch and Learn on Nov. 15	4 Friend ACNHS Student-Life on Facebook! 	5  Student Senate Food Drive starts today!	6 
7 	8 Death and Dying Lunch & Learn 11:30a-12:30p Classroom 1	9	10	11  Veteran's Day ACNHS Honors Veterans All Day in Main Hall	12	13 Aultman College Information Session 10am-12Noon
14 Collection for Adopt-a-Family begins today! Pull a mitten off the tree in the main hall and drop off presents anytime	15 Financial Literacy ID Theft Lunch and Learn 11:30a-12:30p Classroom 3  	16  Student Senate Meeting @ 4pm Founder's Room	17 Domestic Violence Lunch & Learn 11:30a-12:30p Classroom 1 Student Senate Meeting 4pm Founders Room 	18	19 	20 Contact Student Life Coordinator Courtney Halter at 330.363.4280 or studentlife@aultmancollege.edu for event sign up or questions!
21 	22 Last Day for Food Drive! 	23	24  College Office will close at 2pm	25 <b>Thanksgiving</b> Thanksgiving Break-Offices Closed!	26  	27 
28 	29 <b>KICK STRESS WEEK! TREATS ALL WEEK IN THE MAIN HALL!</b>	30	<b>December 1</b>	2	3 	4
5 Graduating Students: Don't forget to take the Graduate Exit Survey!	6 Study Day Rm 1 11a-2p Final Exams	7 Final Exams	8  Final Exams	9  Final Exams	10 Final Exams Adopt-a-Family Gifts Due Today! 	11 

## Dates To Remember

Spring 2011 Graduation Application Deadline

Thanksgiving Break (Students)

Offices Closed at 2:00 PM

Thanksgiving Break (Offices Closed)

Last day of classes for Fall Semester

Study Day

Final Examinations

Semester ends

Final Grades due by 12:00 Noon

Commencement

Holiday Break (Offices Closed)

New Year's Day (Offices Closed)

November 24, 2010

November 24 – 28, 2010

November 24, 2010

November 25 – 28, 2010

December 4, 2010

December 6, 2010

December 6 -10, 2010

December 10, 2010

December 15, 2010

December 18, 2010

December 23-27, 2010

December 31, 2010