Taking Good Notes: Effective Note Taking Techniques

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Introduction

- *Note taking is perhaps *the* most important study skill needed in college. However, very few students know how to take notes for college.
- ** Most students take notes they mechanically transfer what the professor has said onto their paper.



- ** Think about this: If note taking were simply jotting down information the teacher has said, then couldn't we save the expense by closing the classroom buildings and requiring professors to post their "notes" online?
- * True effective note taking goes beyond jotting down the information the professor has dispensed.



- * Think of yourself as **making**, not taking, notes. Taking notes implies passivity on behalf of the hearer; while note making implies being engaged and creative.
- * Note making is taking what the professor gives you and making it make sense to you.
- * To do this students must be aware of what the professor has said, has not said, and what is still needed for the material to make sense.

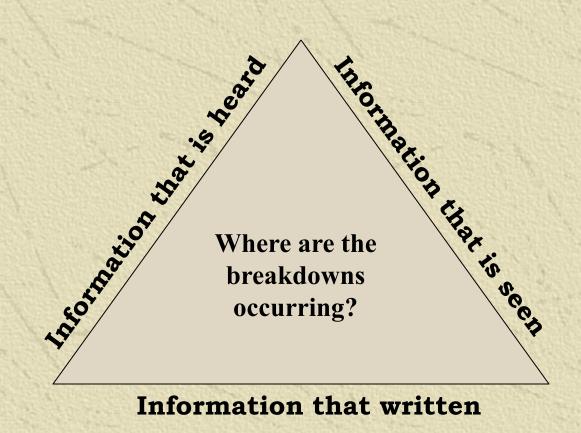


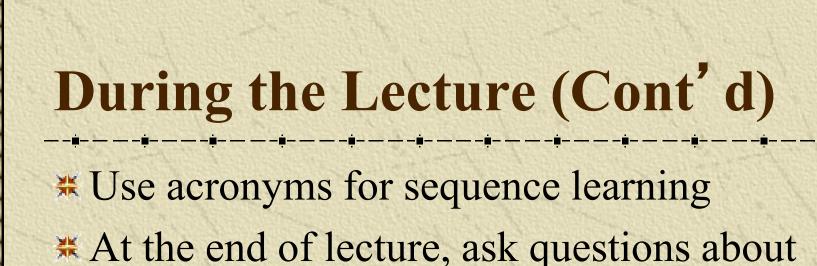
- * Review notes from previous classes
- Read lecture material before you arrive at class
- Jot down concepts and ideas that may be unclear
- ** Check course outline to see if the lecturer has listed the topics or key ideas of the upcoming lecture.



- * Write down everything your professor writes down
- ★ Be brief summarize in your own words (Remember, these are for you!)

Help Students Understand the Triangle





material that was not fully understood



- Revise notes as quickly as possible after lecture
- During the first review period after the lecture, coordinate reading and lecture notes.
- Synthesize lecture notes AT LEAST ONCE A WEEK. Also, review the lecture notes before the next lecture.
- * Ask: What have I been learning this week?